

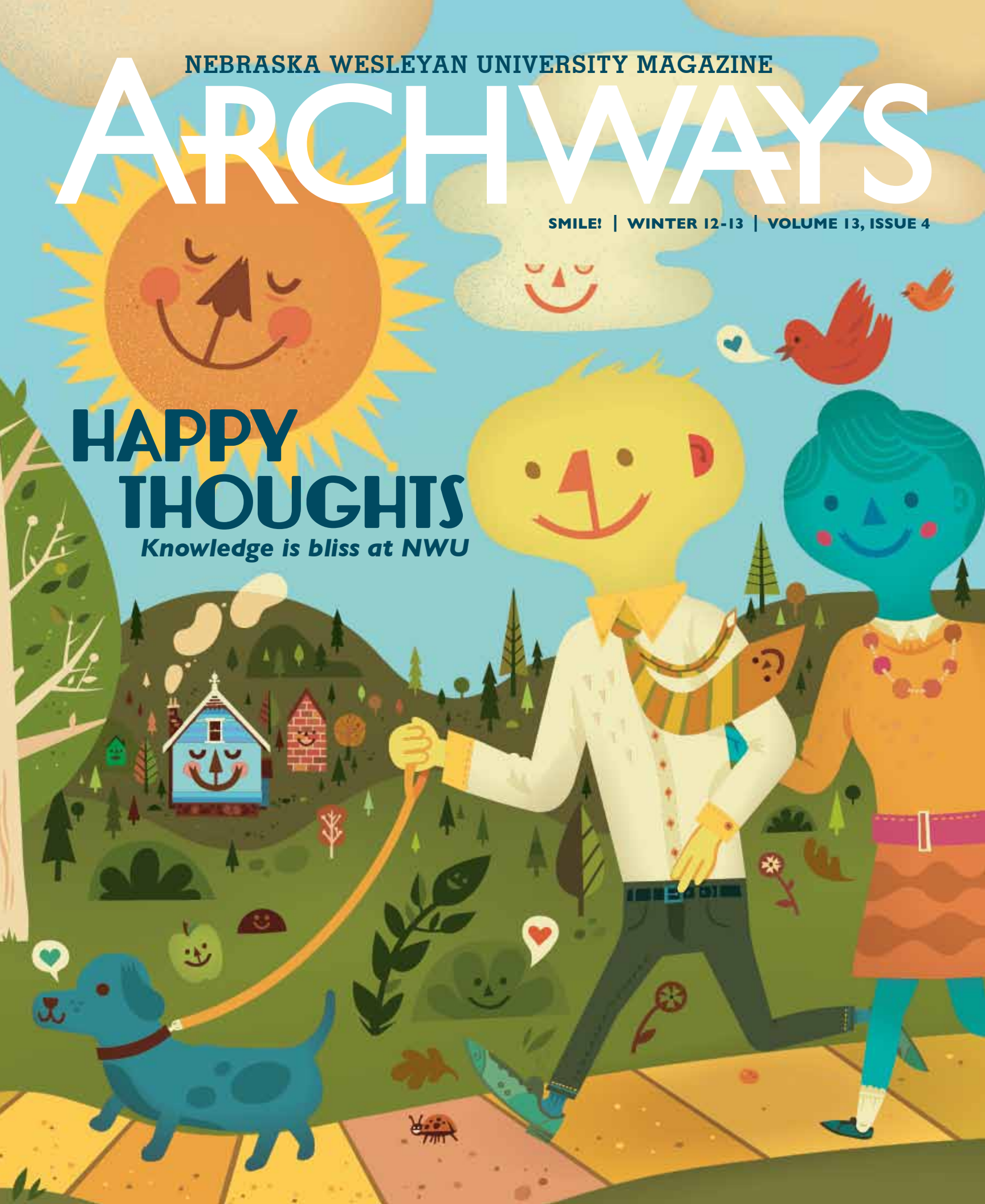
NEBRASKA WESLEYAN UNIVERSITY MAGAZINE

# ARCHWAYS

SMILE! | WINTER 12-13 | VOLUME 13, ISSUE 4

## HAPPY THOUGHTS

*Knowledge is bliss at NWU*



## FROM THE PRESIDENT



*Leading Nebraska Wesleyan University, there is happiness in the formation of minds and the preparation of lives here.*

### Dear Alumni and Friends,

What should I write to you by way of introducing a magazine issue with a lead article about happiness? Here are some verbal morsels on the topic from the famous and notable that I find compelling:

“Happiness and moral duty are inseparably connected.”  
—George Washington

“So let all give as their hearts guide them, because God loves a cheerful giver.”  
—2 Corinthians 9:7

“Since you get more joy out of giving joy to others, you should put a good deal of thought into the happiness that you are able to give.”  
—Eleanor Roosevelt

“To enjoy good health, to bring true happiness to one’s family, to bring peace to all, one must first discipline and control one’s own mind.”  
—The Buddha

“True happiness... is not attained through self-gratification, but through fidelity to a worthy purpose.”  
—Helen Keller

“Only buy something that you’d be perfectly happy to hold if the market shut down for 10 years.”  
—Warren Buffett

“Happiness often sneaks in through a door you didn’t know you left open.”  
—John Barrymore

Wise thoughts from wise people, they all ring true to me in my role. Leading Nebraska Wesleyan University, there is happiness in the formation of minds and the preparation of lives here; happiness in duty fulfilled; happiness in staying a course of excellence in education pursued for 125 years; happiness in sharing stories of campus life and learning; happiness in assessing our challenges and addressing them; happiness in learning every day about talents, accomplishments, and courageous efforts; happiness in making the case for independent higher education as a most worthy purpose; happiness in the giving that keeps NWU strong.

Enjoy all of these pages. Let them bring Nebraska Wesleyan alive in your mind and heart and memory. Let them be a happy source of renewal for your sense of pride and ownership in a school that is so very dear to all of us.

Yours truly,

—Fred Ohles  
President



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# CONTRIBUTORS

## STAFF

**Eric Wendt** ('99)  
Editor  
ewendt@nebrwesleyan.edu

**Melanie Falk**  
Art Director  
mkf@nebrwesleyan.edu

**Peggy Hain**  
Director of Marketing  
phain@nebrwesleyan.edu

**Kara Peters** ('96)  
Marketing and Production Manager  
kpeters@nebrwesleyan.edu

**Hannah Selendic**  
Web Content Manager,  
nebrwesleyan.edu  
hselendi@nebrwesleyan.edu

**Amy Vasey** ('11)  
Class Notes Editor  
avasey@nebrwesleyan.edu

**Alex Linden** ('03)  
Sports Information Director  
alinden@nebrwesleyan.edu

### Archways Advisory Committee

John Greving, Mary Hawk,  
Patty Karthauser ('75), Shelley  
McHugh ('91), Judy Muyskens,  
Sara Olson ('95), P.J. Rabel,  
Gary Reber

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*Nebraska Wesleyan University is an academic community dedicated to intellectual and personal growth within the context of a liberal arts education and in an environment of Christian concern.*

*Archways is an examination—and, ideally, a conversation—of how Nebraska Wesleyan University and its people relate to the world around us. That examination is academically sound, socially conscious, and continuously curious.*

Archways (USPS 074-700)  
Periodicals Postage Paid at Lincoln, Nebraska  
Volume 12, No. 4

#### Postmaster:

Please send address changes to:  
Nebraska Wesleyan University  
Attn: Address Change  
University Advancement Office  
5000 Saint Paul Avenue  
Lincoln, Nebraska 68504-2794  
isadv@nebrwesleyan.edu

Archways is published quarterly by  
Nebraska Wesleyan University  
5000 Saint Paul Avenue  
Lincoln, NE 68504-2794.



**Chris St. Pierre** ('04) "Prairie Wolves in Print: What the Hoops Junkie Saw" ▶11  
Chris majored in English, French and philosophy at NWU; so he naturally makes his living in Information Technology. He lives in rural east Tennessee with his wife, daughter, and two dogs, where he works remotely for an educational technology company based in Brooklyn, N.Y.



**Barbara Soderlin** "A Sound Approach to Restoring Musical Instruments" ▶26  
Barbara is a business reporter for the *Omaha World-Herald* and previously covered education for the *Lincoln Journal Star*. A Chicago native and graduate of Northwestern University, she has lived in five states in pursuit of journalism. She is married to *World-Herald* photographer Ryan Soderlin. They live in Omaha with their two daughters.



**Sara Olson** ('95) "O Pioneers" ▶32  
Sara has served as Nebraska Wesleyan University's public relations director since 2003. As the university's spokesperson, Sara is responsible for public relations, media relations and crisis communication. Prior to coming to Nebraska Wesleyan, Sara worked as a journalist. She lives in Seward, Neb., with her husband, Jerod, and two young sons, Cameron and Creighton.



**Amy Vasey** ('11) "Class Notes" ▶40  
Amy is *Archways'* new Class Notes editor. The Grand Island, Neb. native was a history major at NWU. She started in Nebraska Wesleyan's Advancement Office as a student worker and moved into a full-time position following her graduation. Amy reads a lot and shares a home with an incredibly klutzy cat.

## Giving Your Voice Away

I see you printed my “YourVoice” essay (“The Freedom to Take Some Risks,” fall 2012). Thanks. Now my mother knows more than she should!

I want you to give my essay prize—the gift certificate for the steaks—to one of the faculty in the biology or chemistry departments. Put their names into a hat, pull out a name and then award them the steaks.

I buy a steer every year from one of our tenants and have plenty of Nebraska beef already. Let me do something to give back in a small way.

**Dr. David Jones** ('76)  
Muskogee, Okla.

### EDITOR'S NOTE:

Professor of Chemistry **David Treichel** extends his thanks. He won our random drawing for Jones's prize.

## Good Apples

I certainly admire your work on *Archways*. Your article, “Interview with the Vampire,” (fall 2012) was very entertaining: “lustrous slate with the bitten apple,” indeed.

Probably my all-time favorite journalism contribution of yours is your CD-recorded interview with my creative writing professor, Mr.

**William Kloefkorn** (“Walking the Campus: A Conversation with Bill Kloefkorn,” 2005). I think some of the alumni, staff and I once expressed the hope there would be a sequel, and all of us are sorry that is no longer possible.

We are, of course, holding onto our autographed poetry and prose collections of Mr. K's.

By the way, I enjoyed homecoming 2012 events in October. Some good things never change—including Nebraska Wesleyan culture! Keep steering a steady course in that regard!

**Janis Hays Brown** ('68)  
Griswold, Iowa

---

*Some good things  
never change—  
including Nebraska  
Wesleyan culture!*

## Fresh off the Bus in 1946

I enjoyed the latest edition of *Archways*, which brought back fond memories of my days at NWU.

When I was discharged from the U.S. Navy on May 21, 1946, I felt a desire to go to a college in America's heartland, so I sat down with the pastor of our Methodist church in Yonkers, N.Y., and he gave me the names of four schools from which I might choose: NWU, Parsons College in Fairfield, Iowa (now defunct), Albion in Michigan, and another Wesleyan college.

I decided on NWU and left home to go by rail to Lincoln early in September of that year. Upon arriving at University Place, I stepped off the bus and walked with my suitcase up Saint Paul Avenue toward Old Main. A young man came out of the Crescent Fraternity House and introduced himself as **Merle Otto** ('49). He later became a medical doctor. (He and his wife appear in a photo on page 7 of your annual report.)

His friendly greeting led me to pledge to the fraternity, which today is Zeta Psi National, and I spent my first two years at Nebraska Wesleyan before transferring to Hartwick College in Oneonta, N.Y. I went on to earn both my M.A. and Ph.D. degrees at NYU.

At Nebraska Wesleyan, I was privileged to be a student in **Ethel Booth's** English class. (President Ohles referred to Booth in his message [“From the President,” fall 2012].) She was surely the essence of what it meant to be a great teacher. I looked forward to each class during the freshman course.

Other professors who left a lasting impression on me included **Prof. Barringer** of American history; **Prof. Katherina Piazza Brown**, who taught conversational French; **Prof. Laona Underkofler**, whose subject was biology; and **Prof. Enid Hoffman Miller**, who led the Plainsman Players in many memorable performances.

I appeared in several productions, including a romantic lead



**Ethel Booth**

---

*She was surely the  
essence of what  
it meant to be a  
great teacher.*



**Graham Barringer**

(Continued)



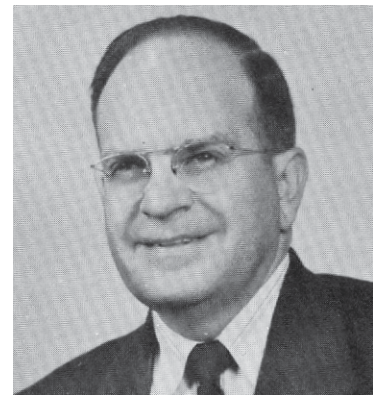
**Katherina Piazza Brown**



**Laona Underkofler**



**Enid Hoffman Miller**



**Oscar "Doc" Bennett**

in a play that had two separate casts due to the large number of kids interested in show biz. I've forgotten the play's name. There was also "Cyrano De Bergerac" and "The Barretts of Wimpole Street." I was also behind the scenes in the musical, "New Moon."

I also recall weekly assemblies when **Oscar "Doc" Bennett** led us in singing "Dear Old Wesleyan" in his rich baritone voice. Assembly speakers included Gov. Harold Stassen of Minnesota.

Several of us Crescents attended the First United Methodist Church, where Rev. Ralph Rising called us "Rising Regulars."

I also remember that our football team, which had a fine record

in 1946, went to a bowl game in Oklahoma City, where they played against George Pepperdine University of California.

My wife and I went to the 40th anniversary reunion of the class of 1950, and as this was her first time in Cornhusker land, she was impressed with the natural friendliness of the people we ran into while there.

Memories, memories!

**Richard V. Miller** ('50)  
Hastings-on-Hudson, N.Y.

Opinions expressed in letters to the editor are not necessarily those of Archways magazine or Nebraska Wesleyan University.

Anonymous letters will not be printed. Letters may be edited for length, content and style.



We want to hear what you have to say. Send your letters to:

Eric Wendt, editor  
Nebraska Wesleyan University  
5000 Saint Paul Ave.  
Lincoln, NE 68504  
ewendt@nebrwesleyan.edu

## **BOWLS FOR BACKPACKS: AN EMPTY BOWLS EVENT HOSTED BY NEBRASKA WESLEYAN UNIVERSITY**

**Sunday, February 26  
12:30-2:30 p.m.**

Roy G. Story Student Center  
Nebraska Wesleyan University

**\$15** for a handmade bowl,  
soup, bread and drink

*Proceeds support the Food Bank of Lincoln's Backpack Program.*

### **Purchase Tickets**

at [nebrwesleyan.edu/emptybowls](http://nebrwesleyan.edu/emptybowls) or at the door.  
Call 402.465.2387 with questions



## Peabody Earns NWU Scholar Award

Inaugural award honors faculty's scholarly contributions.

By Mandi Miller ('13)

Nebraska Wesleyan University's Faculty Development Committee created a new award in spring 2012 to recognize excellence in scholarly or creative contributions to an academic field. The first person to receive NWU's new Scholar Award was Professor of Religion **David Peabody**. Peabody was recognized for his positive impact on the Religion Department at Nebraska Wesleyan University.

Associate Professor of Philosophy **Lisa Wilkinson** chairs the Faculty Development Committee. She said, "A part of being an academic professional is contributing to the body of knowledge in your area of expertise. Our faculty do that often only as a labor of love. This award recognizes that as part of the culture at Nebraska Wesleyan."

Peabody, a native Texan, has taught in NWU's Religion Department for 28 years. "It was a great pleasure and honor to have been nominated . . . and chosen . . . to receive the first Scholar Award at Nebraska Wesleyan University."

Peabody's wealth of knowledge has inspired many students during their time on campus. He is also a prolific writer who makes it a priority to attend religious studies conferences around the world.

"All exceptional teachers at Nebraska Wesleyan need to know that we value what



David Peabody has taught at NWU since 1984.

they do," Wilkinson said. "Teaching means a lot more than just preparing for class. This award is not about who wrote the most books but about recognizing the devotion and excellence of the public presentation of our work."

These off-campus experiences can enliven the classroom and make a difference for an effective teacher. "There are so many ways that people can add to the university's academic

excellence through their off-campus experiences," Wilkinson said. "It keeps professors passionate about what they are doing and gives them more to offer students."

"To be the first in a continuing line of recipients of this award is a great honor for which I am most grateful and delighted," Peabody said.

*This award is not about who wrote the most books but about recognizing the devotion and excellence of the public presentation of our work.*

Photo by Alan Jackson

## NWU Welcomes Four Alumni to President's Board of Advisors

NWU's presidential advisory board recently welcomed four new members. Members include alumni, parents or children of alumni and other devoted friends of the university. The President's Board of Advisors meets on campus twice a year.

New members include:

**Patricia Hoffman** ('71), associate principal, Ankeny, Iowa

**Jo Kinberg** ('82), pediatrician, Lincoln

**Mike Tews** ('86), financial executive, Omaha, Neb.

**Susan Wehrbein-Cassat** ('80), Overland Park, Kan.



Patricia Hoffman



Jo Kinberg



Mike Tews



Susan Wehrbein-Cassat



# Music Department Hits Music City

**University Choir announces a winter tour with a Southern beat.**

NWU's University Choir begins its winter tour on January 9. That tour will span two weeks and four states before concluding in a final concert on the NWU campus. Join them in your area.

Events involve a freewill offering unless otherwise noted.

▶ Wednesday January 9 at 7:30 p.m.	First United Methodist Church Waverly, Neb.
▶ Thursday January 10 at 7:30 p.m.	Missouri United Methodist Church Columbia, Mo.
▶ Friday January 11 at 7:30 p.m.	Bonhomme Presbyterian Church Chesterfield, Mo.
▶ Saturday January 12 at 7 p.m.	Christ Church Episcopal Cathedral Louisville, Ky.
▶ Sunday January 13 at 10 a.m.	Christ Church Episcopal Cathedral Louisville, Ky.
▶ Sunday January 13 at 7:30 p.m.	Calvary United Methodist Nashville, Tenn.
▶ Tuesday January 15 at 7 p.m.	Independent Presbyterian Church Memphis, Tenn.
▶ Wednesday January 16 at 7:30 p.m.	National Avenue Christian Church Springfield, Mo.
▶ Thursday January 17 at 7:30 p.m.	Old Mission United Methodist Church Fairway, Kan.
▶ Friday January 18 at 7:30 p.m.*	Saint Michael Catholic Church Albion, Neb.
▶ Sunday January 20 at 9 a.m. and 10:30 a.m.	Saint Paul United Methodist Church Lincoln, Neb.
▶ Sunday January 20 at 7:30 p.m.	NWU O'Donnell Auditorium Lincoln, Neb.

\*Admission: \$12.50, students \$5



Today's Phi Taus happily receive their chapter's official charter.

# Phi Kappa Tau Begins Anew

By Kevin Boatright ('74)

Phi Kappa Tau has officially returned to Nebraska Wesleyan University following its 2007 suspension by the university and its national organization. During its suspension, alumni and friends began work to restore the house and reform the chapter.

While fundraising continues on the \$1 million renovation, the 34-member house opened in August and welcomed 13 residents.

Phi Tau's reorganization stemmed from close collaboration with Nebraska Wesleyan and the national fraternity. The suspension ended in 2011 and a colony was formed. The colony received its charter as a chapter in a homecoming signing ceremony on October 20. Attendees included alumni, students and their parents, and representatives of Nebraska Wesleyan and the national fraternity.

"Nebraska Wesleyan is pleased to have this historically strong fraternity make a comeback on campus," said **Peter Armstrong**, dean of students. "They've served the suspension, restored the house, and recruited new members. In terms of academics and leadership, Phi Tau is already making a positive contribution to the Nebraska Wesleyan community."

The modernized 1928 house includes larger bedrooms, an apartment for the house parent, a library, an open kitchen, an energy-efficient heating and cooling system, and a new President's Room for meetings and events.

Another renovation highlight is less obvious: sprinkler heads in the ceilings. Nebraska Wesleyan's Greek Fire Safety Program provided 20-year interest-free loans of up to \$67,000 to help install sprinkler systems. All Greek houses on campus now have such systems.

According to alumni advisor **Warren Mattox** ('72), returning Phi Tau to campus was a group effort. "A committed core of alumni drove the fundraising and the reorganization," he said. "Even the general contractor, **Mark O'Dell** ('85), is a Phi Tau. We look forward to having a close, ongoing relationship with the university and the new brothers in the restored house."

 See renovation photos at [nwu.phikappatau.org](http://nwu.phikappatau.org).



# Poetic Justice

Kloefkorn Elementary students honor their namesake in dedication ceremony.

It's rare in America for good teachers to receive the credit they deserve. But September 23, 2012, was a rare day.

That was the day students, educators, parents, friends and family gathered in southeast Lincoln at Lincoln Public Schools' newest facility. They were there to dedicate Kloefkorn Elementary School in honor of the late Professor of English **William Kloefkorn**, Nebraska's state poet. Kloefkorn's

35-year teaching career at Nebraska Wesleyan stretched from 1962 to 1997.

Kloefkorn Elementary isn't the first LPS school named in honor of a Nebraska poet. Ted Kooser, the former U.S. poet laureate and friend of Kloefkorn's, makes regular appearances at Kooser Elementary in northwest Lincoln. He's a popular figure with students there.

*Children armed with Kloefkorn's wooden walking sticks led tours through the impressive facility.*

Kloefkorn Elementary students proved they know their school's namesake nearly as well. They read his poetry in class and do the same writing exercises he shared over decades with elementary students across the state. The school choir—directed by Skyler Reising, an alumnus of one of Kloefkorn's elementary school writing workshops—put one of his poems to music. And each student did a portrait of him in art class. Those colorful portraits lined the hallways as children armed with Kloefkorn's wooden walking sticks led tours through the impressive facility.

Kloefkorn's grandson, Will Kloefkorn, was among those who spoke at the dedication. When he learned that the students had chosen the "Kloefkorn Cubs" as the school's mascot, Will Kloefkorn said, "I think Grandpa would have liked that—although he may have argued for the Kloefkorn Brooklyn Dodgers."

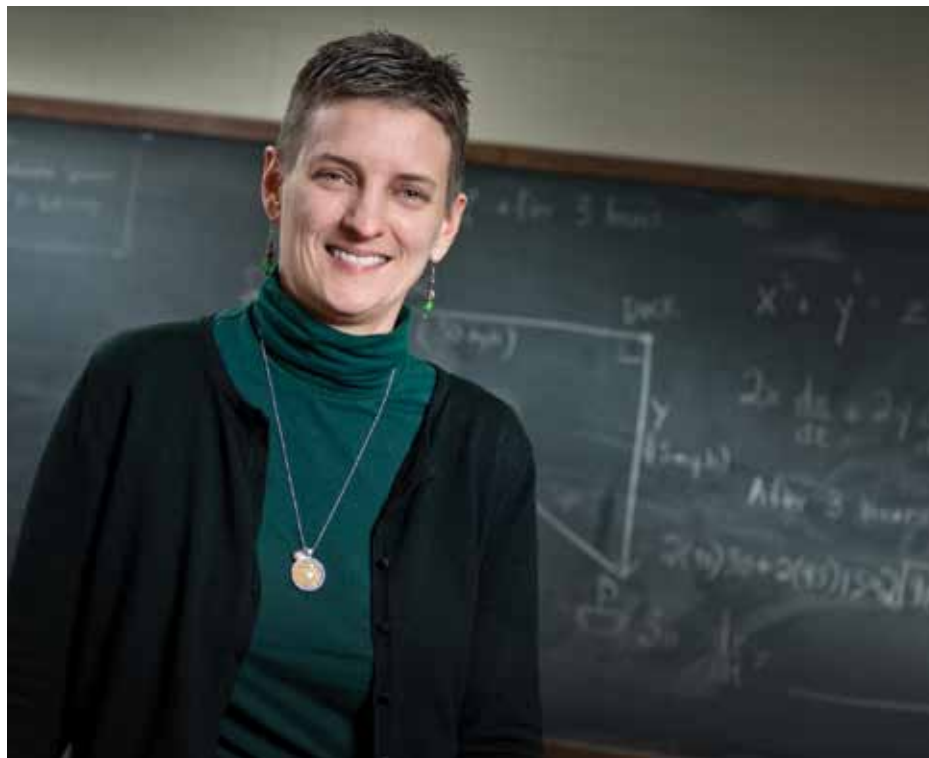


Photo by Alan Jackson

**Kristie Pfabe is Nebraska Wesleyan's Anderson-Trimble-Mauer endowed chair in mathematics.**

## Math Prof. Masters Formula for Excellent Teaching

**Kristie Pfabe**, professor of mathematics, was recognized October 2 with the Exemplary Teaching Award presented by the Board of Higher Education and Ministry of the United Methodist Church.

Pfabe was honored for her excellence in teaching, civility to colleagues and students, and a strong commitment to value-centered education. In nominating Pfabe for the award, students noted that she challenges them to expand their grasp of mathematics in a safe and inviting classroom environment. Students also appreciated her quirky humor and personal interest in their well-being.

Pfabe came to Nebraska Wesleyan in 2000. She has served as chair of the Mathematics and Computer Science Department since 2011, and served as faculty president from 2008 to 2010. Last year, she won the Kenneth Holder Award. In addition to her tenure as president of the faculty, Pfabe has served on many committees to address curriculum changes, workload, and gender issues.

Pfabe has taught English in Nicaragua and has accompanied NWU students to Querétaro, Mexico, for a Spanish language program. She also participated in the Global Service Learning trip to Malawi and China.

Pfabe has a keen commitment to mentoring students, especially women in mathematics. She has taught weeklong courses for high school girls in the All Girls, All Math Program. She has also organized Math Night at Elliott Elementary School.

In the community, Pfabe has played violin in the Lincoln Symphony for 20 years. She also plays for a wide variety of Sunday services, weddings and other events. She is an active member and former president of the Nebraska Association of Teachers of Mathematics.

"She is a devoted colleague, teacher and member of the community whose actions reveal integrity and a collaborative spirit," said one award nominator.

# Less Than Nothing

Curtis lecturer details why the 112th Congress accomplished so little.

In 1948, Harry Truman famously nicknamed the 80th United States Congress the “Do Nothing Congress”. Journalist and political blogger Ezra Klein pondered what Truman would make of the 112th as Klein delivered Nebraska Wesleyan’s Senator Carl T. and Mildred M. Curtis Lecture on Public Leadership in October. Klein is a liberal journalist for *The New Yorker* and *The Washington Post*. He started *The Washington Post*’s award-winning political “Wonk Blog”.

The 80th Congress passed 906 new bills by its close in 1949; at the time of Klein’s lecture in the waning months of the 112th Congress’s term, it had passed a mere 151 bills—one-sixth of the 80th Congress’s production and fewer than half the total bills passed by its next lowest peer, the 104th.

Something has changed about America’s legislative branch, the results of which are an 83 percent drop in productivity and an approval rating mired in the single digits. (Polling shows this departing Congress is roughly half as popular as BP was when its deepwater well spewed an estimated 206 million gallons of oil into the Gulf of Mexico.)

What changed? Have Americans suddenly taken to electing unproductive people—people they hold in no higher esteem than Paris Hilton or Hugo Chavez?

No. “Congress is full of successful, hard-working, well-intentioned people,” Klein said. But they are put within a system that makes governing exceedingly difficult. He equated it to concussions in football. “Concussions don’t happen because football players are bloodthirsty maniacs. Rather it’s be-

cause players enter a system where you don’t win unless you do things of which concussions are a byproduct.”

Klein quoted Rep. Pete Sessions (R-Texas) on the nature of the system. “Sessions said, ‘The purpose of the majority is to govern. And the purpose of the minority is to become the majority.’” To Klein, this statement sums up what has made the 112th Congress abysmally unproductive. The minority isn’t there to collaborate in governance or even to moderate the majority’s policies. It is there to see that the majority fails so that the minority may rise.

Klein called “the power and the incentive to make the majority fail” an especially dangerous combination. He pointed to the contentious 2011 debt ceiling fight and the turmoil into which it threw the U.S. economy. “The debt ceiling fight wasn’t like shooting yourself in the foot,” Klein said. “It was like shooting yourself in the face.”

Klein said the minority’s willingness to obstruct the majority’s ability to govern is best exemplified by the increased reliance on the filibuster. “There were more filibusters in 2009 and 2010 than in the 1950s, ‘60s and ‘70s combined,” he said. He pointed to James Madison and Alexander Hamilton’s distaste for supermajority government to make the case that

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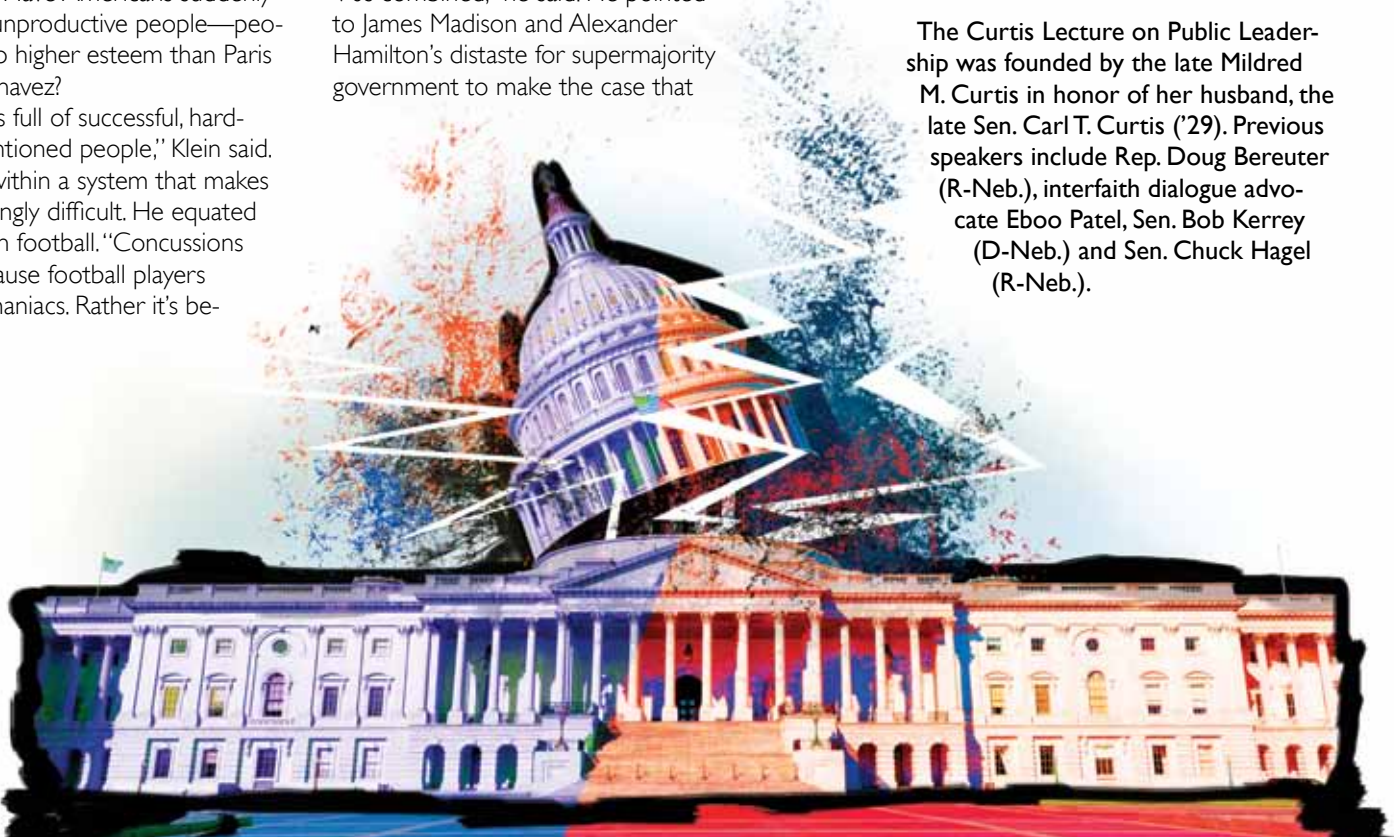
*The debt ceiling fight wasn’t like shooting yourself in the foot. It was like shooting yourself in the face.*

such dependency on the filibuster was not in the Founding Fathers’ plans.

Klein showed NWU students a memo from a President Lyndon Johnson staffer on the Medicare bill’s prospects of passage through Congress in 1965. The staffer predicted the bill would pass the Senate with a comfortable 55-45 cushion. While LBJ’s staffer expressed optimism, a bill with only 55 votes would be dead on arrival in today’s Senate. It takes a 60-vote supermajority to end debate in a Senate with a sweet tooth for filibusters.

“I’m a fan of minority debate,” Klein said. “Just not forever.” 

**The Curtis Lecture on Public Leadership was founded by the late Mildred M. Curtis in honor of her husband, the late Sen. Carl T. Curtis (\*29). Previous speakers include Rep. Doug Bereuter (R-Neb.), interfaith dialogue advocate Eboo Patel, Sen. Bob Kerrey (D-Neb.) and Sen. Chuck Hagel (R-Neb.).**





## What the Hoops Junkie Saw: Poems, Stories, and Reflections on the Passing Scene

By **John Walker**

242 pages | Prairie Dog Books, 2012 | \$15

—Reviewed by Chris St. Pierre ('04)

*What the Hoops Junkie Saw*, the new book by **John Walker** (NWU professor emeritus of philosophy, blues musician and basketball fanatic), begins, fittingly, with an invocation. It's a pattern that echoes the work of his friend and colleague, Bill Kloefkorn. But while Bill's thumbprint appears indelibly upon this book, John makes the book his own, speaking clearly in his own introspective, lyrical voice on moral absolutes, basketball, religion, love and everything in between.

The book's range, scope and lyricism are nicely summarized in a stanza from "The Poet":

*Pretty soon, then, you think about  
"Does God exist?" and then very soon after that  
you think about your brother's brain cancer  
...and then you somehow think about  
"What is love?" and then you write about  
Ida Rose and the front seat of her parents' faded-green  
1952 stick-shift Chevy 2-door sedan where  
you would and she was willing but nearly  
is all the farther you got to going  
all the way.*

John takes the casual sense of place common in Midwestern poetry and turns it into a more concrete awareness of precise location. He rarely shirks from the precise names and detailed locations of people and places, a Proustian touch that brings home the imagery of Oklahoma and Nebraska and wider points on his travels—Colorado, upstate New York, Chicago.

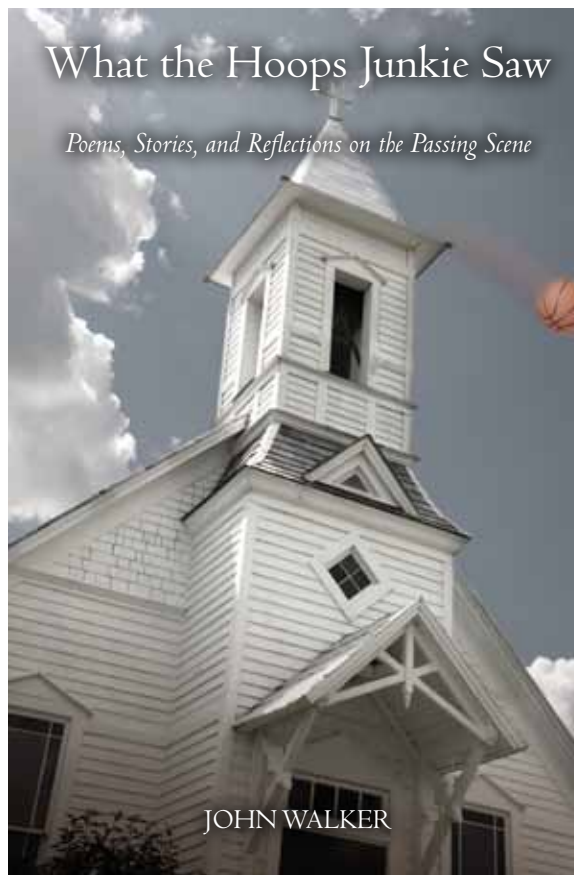
With John's long career in music, it's unsurprising that some of the smoothest poems in the book are songs. It's in his subtle, unpredictable rhymes and folksy meter that we find his best work. Take "Nebraska Skies," where a reverential sense of place and a gentle nostalgia is purposefully unsettled by the final verse:

*Out here  
this old wind's been known to blow...  
It leaves you looking round  
for some old storyteller  
who'll lead you first to home  
and back again.*

*You see the storyteller  
never truly had a story...*

And so it goes through many of the poems; John frames a flawless, often pastoral picture and then, in his humble, gentle way, tilts the frame off plumb.

The book ends with the strongest and longest story.



"Journeys" tells of a sabbatical on which John begins a quest to find "connections between art, especially music, and emotion." He seeks to show that art is "a kind of knowing, a special kind of language."

His year's sabbatical slowly winds toward an aesthetic investigation of absolute moral truth: finding moral ground through beauty. "Journeys" manages thus to be the very thing it is about. It is itself an aesthetic work, and through interviews, readings, musical gigs, jam sessions, meals with friends, the example of his dog, cigars, and whiskey, John arrives at a sort of equivocal absolute: "Moral truth is real. It is not illusory. But it is still personal."

In the end the story is not a rigorous logical proof, but a compelling aesthetic demonstration of the moral power of relationships. It becomes a story that encapsulates itself.

Part fractional autobiography, part travelogue, John's book weaves together a beautiful, touching journey. *What the Hoops Junkie Saw* is at turns joyous and anguished, pious and irreverent, contemplative and hedonistic, and consistently lyrical, unpretentious, and big-hearted. 🍷

John frames  
a flawless,  
often pastoral  
picture and  
then, in his  
humble,  
gentle way,  
tilts the frame  
off plumb.

# Opportunity knocks at NWU.

The Nebraska Wesleyan experience is about opportunity.  
The opportunity to work, travel, research, serve and lead.



The *Archway Fund* is your opportunity to invest in  
the Nebraska Wesleyan experience.



Please give to NWU's Archway Fund today at [nebrwesleyan.edu/donate](http://nebrwesleyan.edu/donate).

# HAPPY THOUGHTS

## Knowledge is bliss at Nebraska Wesleyan University.

Illustrations by The Little Friends of Printmaking

*The first step in seeking happiness is learning.—the Dalai Lama*

Maybe it's because it gets dark 10 minutes after five o'clock. Or maybe holiday shopping just put a fist through your budget. Or maybe you've decided to rename the evening news, "Tonight's Top 10 Reasons for Despair".

If you're in a sour mood today, we're sure you have your reasons.

But we're just as sure you're doing something about it. You know what makes you happy. And, like every American, you're leading your own pursuit of happiness.

Learn about happiness across several academic disciplines.

Because, at Nebraska Wesleyan, ignorance is never bliss.

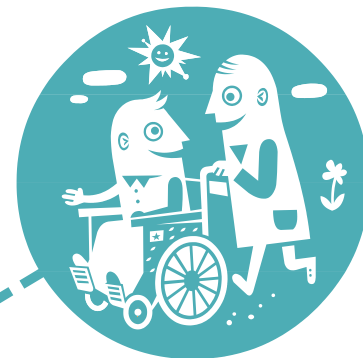


fig. 1

fig. 2

## PSYCHOLOGY

*Does psychology understand happiness as well as it does depression?*

**Frank Ferraro** believes it's beginning to. The associate professor of psychology said, "It used to be a bias of the field to think you couldn't measure happiness." Psychologists' interests in psychosis and maladaptive behaviors led the field in a certain direction for generations.

"We found out you could make good careers out of showing how bad people are," Ferraro said. "It put blinders on the field. Ask psychologists about measuring happiness and they'd sort of throw up their hands. 'How

would you do it?' They didn't consider it a scientific question. The nature of happiness? That was something for the philosophers."

But that's changed in the last 30 years with the rise of positive psychology. Ferraro said the term "positive psychology" with a bit of a smirk. Psychology itself is simply the scientific study of the human mind, with no intrinsic bend toward or away from psychosis. Yet no one ever discusses the field of "negative psychology."

Quibbles over the name aside, Ferraro is happy to see psychology turn a scientific eye toward happiness. "We've definitely turned a corner," he said.

He sees great use for increased knowledge about what makes people happy. Ferraro

pointed to research by Daniel Gilbert, who tracked the long-term well-being of two groups of people: accident survivors who became quadriplegics, and lottery winners who became millionaires.

As you might expect, immediately after the life-changing events, the new millionaires experienced wildly higher levels of happiness than the new quadriplegics. But, over time, their levels of happiness tended to converge. That convergence tells the story of humans' remarkable ability to adapt. "Of course, it's great that we adapt when things go wrong," Jack Bauer, chair of the social sciences at the University of Dayton wrote for *UD Quickly* magazine. "But when things go great ('I won the lottery!'), well, we adapt to that, too."

But something beyond simply adapting to a new baseline was happening when the quadriplegics' level of well-being even surpassed that of the lottery winners. How could traumatic injury be associated with deeper long-term happiness than a seven-figure payout?

"The quadriplegics tended to have much more gratitude for the people who supported them and felt a deeper respect for life," Ferraro said. He added, "Human beings are social creatures." And one positive outcome of a severe injury may be an increased sense of connection to the people offering needed support.

Meanwhile, the lottery winners often quickly severed social connections. No longer needing a paycheck, they fell away from work colleagues. They tended to lose friendships as they (often rightly) questioned the motives of others near them. "This kind of independence can be isolating," Ferraro said. "And isolation can be toxic to the well-being of a creature as social as human beings."

Increasing our understanding of what connects us and makes us happy can be one of science's most significant contributions. Ferraro said, "It's definitely a benefit to have psychology as a tool to show how good people can be."

### Happy reading

Associate Professor of Psychology  
Frank Ferraro suggests:

- ▶ *The Paradox of Choice: Why More Is Less* by Barry Schwartz, 2004
- ▶ *Stumbling on Happiness* by Daniel Gilbert, 2007

## ECONOMICS

*Could happiness be a useful measurement of economic strength?*

Professor Emerita of Economics **Loretta Fairchild** ('66) isn't so sure. "American economics doesn't attempt to measure this," she



said. "You might see it on the level of popular culture in the U.S., but not on the level of basic economics."

But in the tiny South Asian nation of Bhutan, happiness has long been the primary economic measuring stick. In 1972, Bhutan's fourth Dragon King Jigme Singye Wangchuck opened the country to modernization and development. But he did so in a distinctly Buddhist fashion. The country would not be interested in Gross National Product. It would value instead something the king called Gross National Happiness.

While Wangchuck initially coined the term in passing to make a point about the nation's values, Bhutan's economists took the concept literally and developed an intricate way to track the country's GNH.

While economic growth has been more explosive in Bhutan's hulking neighbors, India and China—two nations that have taken more traditionally monetary views of economic development over the same period—Bhutan's unusual approach has yielded its own noteworthy benefits.

By the late 1990s, life expectancy in Bhutan grew by some 20 years.

While leaders seeking to boost GDP may view forests as a profitable resource to be

exploited, Wangchuck viewed Bhutan's wilderness as a source of national happiness. To protect Bhutanese happiness, he banned industrial logging. Bhutan then became the only nation in the region to see a net increase in forested acres in the first 25 years of his rule.

Another step he took to protect the environment and improve national happiness was to prohibit plastic bags. (Imagine life without that quintessential downer: a plastic bag snagged and flapping out of reach in a tree.)

While Gross National Happiness may strike some as the eclectic domain of a remote, environmentalist and Buddhist state, in recent years, GNH has garnered the interest of some conservative European leaders.

"Academics interested in measures of GDH (gross domestic happiness) were once forced to turn to the esoteric example of Bhutan," *The Economist* published in its May 12, 2011, issue. "Now Britain's Conservative-led government is compiling a national happiness index, and Nicolas Sarkozy, France's president, wants to replace the traditional GDP count with a measure that takes in subjective happiness levels and environmental sustainability."

No word yet on how Sarkozy's electoral defeat last May affected his PDH (personal domestic happiness).

## Happy reading

Professor Emerita of Economics

Loretta Fairchild suggests:

- ▶ “The U-Bend of Life: Why, beyond Middle Age, People Get Happier as They Get Older” in *The Economist*, December 16, 2010

## HISTORY

What did Thomas Jefferson mean by “the pursuit of happiness”?

That’s a question Americans have asked since approximately July 5, 1776, the day after the Continental Congress adopted the Declaration of Independence. Because the phrase is so often considered alone, let’s give it at least a full sentence’s context:

*We hold these truths to be self-evident,*

*that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.*

A common argument holds that Jefferson’s phrase is rooted in John Locke’s ideas about government’s role in protecting “life, liberty, and estate,” or property. Jefferson may have omitted property from the things the government would protect, and replaced it with happiness—a deliberately slippery noun.

Professor of History **Sandra Mathews-Benham** pointed to an essay by Carol Hamilton on the History News Network. “Sadly, for many Americans, Jefferson might just as well have left ‘property’ in place,” Hamilton wrote. “To them the pursuit of happiness means no more than the pursuit of wealth and status as embodied in a McMansion, a Lexus,

and membership in a country club. Even more sadly, Jefferson’s own ‘property’ included about 200 human beings whom he did not permit to pursue their own happiness.”

The happiness/property quandary isn’t the only word choice that has puzzled historians. They’ve also mulled over Jefferson’s choice of the word, “pursuit”.

“Did it signify merely the... seeking of happiness, as is conventionally assumed,” asked Pulitzer Prize-winning historian Arthur Schlesinger in a 1964 essay, “or was it used in a different sense, as when we today refer to the pursuit of law or... medicine?... Obviously the distinction is a vital one, for, if the common supposition is mistaken, it follows that the historic manifesto proclaimed the practicing rather than the quest of happiness as a basic right equally with life and liberty.”

Schlesinger’s is an invigorating question. He contended that neither Jefferson nor any of the founders “thought of happiness as something a people were entitled simply to strive for but as something that was theirs by natural right.” And our ability to practice our happiness is as fundamental to our American identity as our ability to live and be free.

Today, happiness well practiced isn’t “hedonistic or self-indulgent like Charlie Sheen or Snooki,” said Associate Professor of Communication **David Whitt** at Nebraska Wesleyan’s 2012 baccalaureate. “Happiness shouldn’t be a win-lose proposition achieved at the expense of others.” The practice of happiness, in the Jeffersonian (and Wesleyan) ideal, is instead the exercise of virtue.

## Happy reading

Professor of History

Sandra Mathews-Benham suggests:

- ▶ “The Surprising Origins and Meaning of the ‘Pursuit of Happiness’” by Carol V. Hamilton, 2008, [hnn.us/articles/46460.html](http://hnn.us/articles/46460.html)





“Coaching wouldn’t hold my interest if it were merely about helping athletes run faster, jump higher or throw farther,” he said. “It would be pretty shallow for that to be your goal!”

That’s a remarkable statement from one of the best coaches in the nation when it comes to compelling college students to run faster, jump higher and throw farther. If that’s not what makes Bulling happy, what does?

“Take men’s cross country,” he said. “I have about 30 runners on that team.” If the only way they measure success is in a conference championship, at least 29 of those runners will fail. “That 30th guy on our team isn’t experiencing what people generally call success,” Bulling said.

“I ask, ‘What can we do to help student-athletes have a positive experience that isn’t solely based on winning?’ For us, it’s about stressing the journey. The process. Their well-being.”

He said, “It’s everything that goes with coaching that keeps me motivated. Relationships that start in those 90 minutes of practice will stretch into other aspects of their lives.” When that happens, Bulling isn’t merely increasing student-athletes’ speed, endurance or strength. He’s improving their well-being.

“Ted has taught me to put less focus on getting done and moving on to the next thing,” said **Taylor Tacha** (’13), a hurdler and sprinter from Bertrand, Neb. “He puts our focus on the process—on enjoying the journey and that daily grind.”

Tacha credited Bulling for bringing out the best in her: “He wants us all to do well. He’s really competitive. But he also fosters an ‘attitude of gratitude.’ It’s not just about technique. He tells us we perform best when we get the sleep we need, when we have positive relationships, when we’re happy.

“One of the things Ted likes to say is, ‘Today, we’re going to get better.’ And he’s not just talking about athletics.”

SOCIAL RELATIONSHIPS  
ACADEMICS  
INJURY PREVENTION  
INHERENT TALENT  
NUTRITION  
RECOVERY  
TRAINING

### Coach Bulling’s not-so-secret formula for athletic success

Coach Ted Bulling said the seven factors listed above influence the performance of individual athletes. “All coaching begins in the training sphere,” Bulling said. “But good coaching doesn’t stay there.”

Good coaching reaches every “lane” of an athlete’s success—“except for ‘inherent talent,’” Bulling said. “You got that from Mom, Dad and God long before you ever came to campus.”

## SPORTS PSYCHOLOGY

*How does happiness influence athletic performance?*

It’s debatable whether happy people tend to be successful or successful people tend to be happy. But it’s clear that **Ted Bulling** (’80) is both.

Bulling directs NWU’s track and field and cross country programs for men and women.

He’s a six-time national coach of the year and the first NCAA Division III coach in history to preside over the U.S. Track and Field and Cross Country Coaches Association. He’s coached 36 national champions and led his teams to a combined 66 conference championships.

By any traditional measurement of success, Bulling is a phenomenon. But Bulling isn’t particularly interested in traditional measurements of success.



That approach has worked well for Tacha, who holds top-five times in eight events in the NWU record books.

Another key to Tacha's success (and her happiness): her teammates. "Workouts are hard and long. I just couldn't do it alone. My teammates are my reason to go to practice."

Despite the fact that Tacha primarily competes in individual events, she said her teammates are pivotal. They help her keep perspective. "I believe if you do things selfishly, you get worn out a lot faster. Here, we're holding each other to a higher standard. And we're holding each other up."

Those supportive friendships add depth and relevance to Tacha's accomplishments in clearing hurdles. They make her happy. "I won't remember my wins so much as my relationships," she said.

### Happy reading

Coach Ted Bulling suggests:

- *Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment* by Martin Seligman, 2004

## COMMUNICATION

### How do we communicate happiness?

We typically think of joy as something to be felt more than communicated. But happiness in practice is inevitably communicative. It's no accident that "the pursuit of happiness" is enshrined in our country's most famous declaration. If our happiness is on par with our life and liberty, then it's our responsibility to declare it, share it and defend it.

On the surface, an obligation to communicate bliss sounds risky. The quickest way to make your friends unhappy may just be to go on at length about how happy you are all the time.

"That's not what I mean," said **Karla Jensen**, NWU's bastion of happiness and associ-



ate professor of communication. "You express happiness without constantly repeating, 'I'm happy.' You do it by attending to people. By greeting them, listening and respecting them."

Jensen said, "People don't recognize how their communication affects other people." She contended that our well-being has tremendous potential energy.

"When you're in line buying cough drops at Walgreens, the cashier notices when you make eye contact," she said. "She can tell whether your attitude says you're standing in front of a human being or a cash register. When no one makes eye contact, if no one says hello or bothers to communicate a basic level of happiness over your entire shift—it drains you."

The word "communication" is rooted in the

Latin *communis*, meaning, "to share," Jensen said. "What you're sharing is you. Make it your best gift." **■**

### Happy reading

Associate Professor of Communication **Karla Jensen** suggests:

- *The Geography of Bliss: One Grump's Search for the Happiest Places in the World* by Eric Weiner, 2008
- *The Art of Happiness* by the Dalai Lama and Howard Cutler, 1998



Shelley Freeman stands with some of the squares listing kindnesses done in the memory of her son.



Paul Freeman ▲

Cameron Freeman ▼



In tragedy's wake,  
Cameron Effect founders  
share two keys to happiness:

- Be Nice.
- Make a Plan.

After NWU parents **Paul** and **Shelley Freeman** lost their son, **Cameron Freeman**, to a drunk driver in November 2010, they felt all of the pain and emotions you'd expect. But it wasn't long before they felt something you might not expect.

As they watched a community of friends and loved ones rally around them, they were troubled by the negativity they saw directed at the drunk driver.

In their eyes, the 23-year-old airman who chose to drive after drinking wasn't so different from their 21-year-old son. It wasn't as if Cameron—a former NWU student—had never had a drink. It wasn't as if Cameron couldn't make a mistake. "Cameron... was also capable of getting behind the wheel after drinking," they said. "Anyone who does this has the potential to kill."

What made the young man's mistake so devastating wasn't some intrinsic evil. It was chance. Chance and the absence of a plan to get home safely after drinking.

If the Freemans were ever to pick up the pieces and feel happy again, they realized they also needed a plan. And there was simply no room in that plan for the demonization of a young man and his family—both of whom were also devastated by the same tragedy.

"The Cameron Effect" is the result of this plan. "Instead of the negativity, we ask people to [respond with] what we think Cameron would have preferred—instead, do seven acts of compassion. They don't have to be big or costly; they can be simple. Even thoughts of forgiveness count," they said at [cameroneffect.com](http://cameroneffect.com).

Detective Jay Armbrister of Lawrence, Kan., investigated the accident that killed Cameron Freeman. He was so impressed by Paul and Shelley Freeman's response that he joined the Cameron Effect. As part of the effort, Armbrister came to NWU to promote one of the most compassionate acts a typical college student can do—plan a safe way home before a party starts.

Armbrister's presentation on September 11 kicked off a three-month effort to promote the Cameron Effect's "Seven Acts of Kindness." Participants submitted cards on which they logged their seven acts. These cards were then collected and incorporated into quilts that exemplify how small acts of compassion can stitch together to make a larger good.

The Cameron Effect held this effort between September 11 and December 7, 2012. The decision to do this between the anniversaries of the attacks on the World Trade Center and Pearl Harbor advanced the point that we can define ourselves by our tragedies or by our kindnesses.

The choice is ours. [u](#)

Community members put their acts of kindness into quilts exemplifying the "Cameron Effect" of accumulative positivity.



Dean Sieglaff

# PHYSICIST ON FIRE

## Warm up with Prof. Dean Sieglaff and the red-hot power of science.

Illustrations by Natalie Swanda

### WHAT EXPLAINS A FLAME'S COLOR?

Different processes occurring as your firewood burns explain the different colors of a flame, said Associate Professor of Physics **Dean Sieglaff**.

Once heated oxygen coaxes your firewood's carbon and hydrogen into a gas through pyrolysis, the atoms knock into each other. Knock hard enough, and the atoms emit a blue light through chemiluminescence. This is the blue flame.



Oddly, the light of chemiluminescence itself isn't hot. A blue flame's heat is actually the result of oxidation as the carbon and hydrogen join with oxygen to make new molecules. The oxidizing atoms snap together, emitting intense heat.

Now your flaming log is releasing more and more carbon gas, and there's simply not enough oxygen for this carbon to oxidize with. Leftover carbon atoms clump together to form black soot particles. These particles absorb the heat from their oxidizing neighbors until they glow. A flame's yellow, orange and red light comes from this super-heated soot.

### WHY DO CHIMNEYS CATCH FIRE?

Chimneys ignite for the same reason that fires aren't pure blue: inefficiency. "Chimneys catch fire when creosote (tarry soot from incomplete combustion) that condenses in the flue reignites," Sieglaff said.

The best way to prevent this from happening is to clean your chimney regularly. Also, be sure to burn only seasoned hardwoods. They burn more easily and completely than "green" wood that hasn't had time to dry or evergreen wood that's higher in creosote-causing resin.



### HOW CAN I GET A FIRE GOING?

To start a fire, you need three things: fuel, heat and oxygen.

Fuel (wood) might just be the most important because how you position it affects how your fire will hold the heat and gain the oxygen it needs to ignite and sustain itself.

Create a small cavity with seasoned (dry) wood. "I use a rectangular enclosure; others use pyramids," Sieglaff said. "Inside the cavity, use crumpled newspaper and kindling (dry twigs and sticks). The cavity helps promote the quickest rise in temperature of the wood to the combustion point, and provides a 'positive feedback loop' for a quickly roaring fire." 



### Does your paper burn out before igniting your kindling?

Try this.

Pull out several sheets at once from an old phone book. Holding the sheets together, tear the paper into

partial strips, stopping before you reach the inside edge. Cram a few of these bundles into the cavity beneath your kindling, forming sort of a crazy-haired bird's nest. Light several strips on the left, right and middle. (Light the

middle last so you're never reaching across the flames.)

The connected strips will burn toward each other, coming together with enough heat to set your dry kindling aflame in no time.



See a fun video on the science of fire at [vimeo.com/40271657](https://vimeo.com/40271657).

# “Number One” Priority

A Bahamian doctor hits hospital-acquired urinary tract infections right where it hurts.

Many hospitals have what you might call a dirty little secret. An estimated 1.7 million of their patients acquire infections while in their care each year. Those infections are connected to nearly 100,000 annual deaths. And a large portion of those health care-associated infections, or HAIs, can be prevented.

HAIs can attack from several angles. But two of the most common culprits enabling infections to start are health care’s most common lines into and out of our bodies: central lines and catheters. Hospitals’ tiny tubes often lead to central-line-associated bloodstream infections (CLABSIs) and catheter-associated urinary tract infections (CAUTIs).

**Dr. Karen Clarke** (’89) has found a way to significantly reduce those urinary tract infections. Clarke is an assistant professor of medicine at Emory University Hospital in Atlanta, Ga., and a hospitalist at West Georgia Health in LaGrange. “Using a bundled approach that included four interventions, she and colleagues reduced CAUTI rates by 70 percent at 276-bed West Georgia Medical Center in LaGrange,” Bryn Nelson wrote for *The Hospitalist* in January 2012 in an article titled “A Winnable Battle”.

Those numbers matter. CAUTIs represent a full third of the 1.7 million annual health care-associated infections in the U.S. If Clarke’s results are replicated nationally, then hospitals could prevent CAUTIs for nearly 400,000 people (or roughly the population of Omaha) each year.

Preventing seven out of 10 infections from ever starting—that’s superhero stuff. But the Freeport, Grand Bahama Island-native (a prodigy who knew she wanted to be a doctor at age 8 and started at NWU when she was just 15) stopped short of flaunting her cape. “I was surprised by the significance of the results,” Clarke admitted.

Despite their prevalence, CAUTIs hadn’t exactly garnered much attention in the health care community. (Nelson called them the “Rodney Dangerfield of HAIs.”) CAUTIs lack respect, Clarke said, “because they are associated with significantly less morbidity and mortality than are central line-associated bloodstream infections or ventilator-associated pneumonias. However, CAUTIs are the most common type of HAI, and their sheer number makes them significant.”

Something happened in 2008 to make CAUTIs more relevant to hospitals. That was when “Medicare and other payers stopped reimbursing hospitals for the cost of treating many HAIs,” Clarke said. Once hospitals felt the burn of urinary tract infections in their budgets, the Rodney Dangerfield of HAIs suddenly had hospitals’ full attention.

“There was a financial incentive to reduce the rate,” Clarke said.

Over the next few months, Clarke partnered with Bonnie Norrick, the head of West Georgia Health’s Infection Control and Prevention Department, to find ways to reduce CAUTIs in their hospital. “I must give Bonnie all of the credit for developing and implementing the bundle,” Clarke said.

“The bundle” is the hospital’s quartet of interventions that have stopped seven in 10 urinary tract infections. The bundle calls on the hospital to:

1. Use silver alloy catheters in the acute areas of the hospital. (Silver possesses antimicrobial properties.)
2. Use securing devices to limit movement of catheters after insertion.
3. Ensure that catheter tubing has no kinks and that foley bags are off the floor.
4. Require documentation before allowing foley catheters to remain in place beyond surgical patients’ second postoperative day.

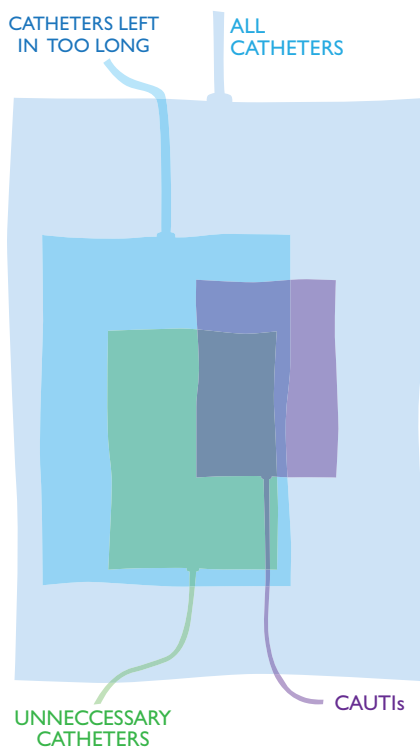
Clarke and Norrick began implementing these interventions at West Georgia Health in early 2009. History suggested to Dr. Atul Gawande, a surgeon, writer and public health researcher, that implementing these changes wouldn’t necessarily go smoothly. In an August 13 *New Yorker* article titled “Big Med,” Gawande wrote, “Doctors and patients have not had a positive experience with outsiders second-guessing decisions. How will they feel about managers trying to tell them what the ‘best practices’ are?”

In the case of the team at West Georgia Health, it turned out that they felt just fine. “There was no uphill battle, since the hospital had a financial incentive to reduce the CAUTI rate,” Clarke said. “Probably because the interventions were not

costly, and they were clearly well thought out, there was no resistance to implementing the bundle.”

By May of the following year, the four interventions were engrained in the hospital culture, and the team observed the 70 percent drop in CAUTIs. You could say the team escorted Rodney Dangerfield (with the utmost respect) straight out of West Georgia Health.

So how soon can we expect hospitals across America to adopt West Georgia Health’s CAUTI-prevention bundle? Gawande urged patience. “In medicine, good ideas still take an appallingly long time to trickle down.... One study examined how long it took several major discoveries, such as the finding that the use of beta-blockers after a heart attack improves survival, to reach even half of Americans. The answer was, on



**If hospitals eliminate unneeded catheterizations and ensure their timely removal, they will have gone a long way in reducing CAUTI rates.**

So how does a teenager from the Bahamas who went to boarding school in the U.K. wind up at NWU? “I actually selected Nebraska Wesleyan seemingly ‘by chance’ when I was 15 because I liked Bruce Springsteen, and he had a song called ‘Nebraska,’” Clarke said. “Of course, it was not just ‘by chance,’ since I met Stephanie (Arnold) Winter ’89 in Lincoln, and she encouraged me to follow God. This is the very best thing that has happened in my life.”

average, more than 15 years.”

Still, these cost-effective interventions did a lot to protect patients and avoid unnecessary expenses at West Georgia Health. Nelson’s article in *The Hospitalist* argued that hospitals can further reduce infection rates by taking a hard look at who is being catheterized and for how long.

A 2000 study in the *American Journal of Medicine* by Dr. Sanjay Saint at the University of Michigan found that nearly two in five attending physicians didn’t know their patients were even catheterized. The admittedly private procedure appeared to be not only unmentionable, but also oftentimes undocumented.


Saint told *The Hospitalist* that he “found in a significant number of patients... no documentation anywhere in the medical record that the catheter existed. It’s not in the physician’s notes, it’s not in the nursing notes, but we knew it was there because we could see it coming out of the patient.”

What goes without mentioning and without documenting can easily go on too long. (How can physicians order the timely removal of a device they didn’t realize had been inserted?) And the longer a catheter remains discreetly in place, the more likely it is to quietly trigger an avoidable CAUTI.

Another factor increasing total CAUTIs is gratuitous catheterization. Saint found that unnecessary catheters were especially problematic because they “were more often ‘forgotten’ than appropriate ones,” allowing potential infections additional time to develop.

The existence of unnecessary or neglected catheters indicates a hospital culture in need of strengthening—in need of champions. Gawande said such a champion is “not telling clinicians what to do. Instead, he’s trying to get clinicians to agree on precise standards of care, and then make sure that they follow through on them.” Clarke and Norrick are two such champions.

But perhaps “champion” is the wrong word. Clarke and Norrick didn’t bring West Georgia Health’s CAUTI rate down by themselves. The team did that. Clarke and Norrick simply kept their eyes open and cared enough to insist that everyone buy into the team’s way.

In this model, the team is the champion. Clarke and Norrick, they’re team captains. And the patients? The patients just win. 

## Profile of Champions

Dr. Karen Clarke knows what it takes to champion a cause for patients. Here are four things she says a hospital champion must have:

- ▶ Knowledge about the changes that need to be made;
- ▶ Authority to make those changes;
- ▶ Interest in seeing those changes through; and
- ▶ Time and resources to monitor implementation.





1

2

## ON OLD MAIN'S 125TH BIRTHDAY, NWU HONORS ITS FOUNDATION, ITS HISTORY AND ITS BEAUTIFUL MINDS.

## OUR *Old* ONLY

It's peculiar to think of Old Main by another name. But of course the people who gathered on campus 125 years ago to celebrate the laying of its cornerstone didn't call it "Old Main." That would have been a misnomer for the newborn structure they simply called Nebraska Wesleyan's "Main Building."

But that, too, was a bit of a misnomer. Their Main Building wasn't Nebraska Wesleyan University's *main* building in 1887. It was its *only* building. And everything that the university has since become is rooted in the single foundation of our original "Old Only"—our Old Main.

The Nebraska Wesleyan community paid tribute to that shared foundation in a Cornerstone Ceremony on September 20. As we honored the university's 125-year history, we also honored the university's historian: Professor Emeritus of History **David H. Mickey** ('39).

The author of NWU's three-volume history, *Of Sunflowers, Coyotes and Plainsmen*, received an Honorary Doctor of Letters from President **Fred Ohles**, Provost **Judy Muyskens** and Board of Governors Chair **Richard Peterson** ('59).

Mickey's 94 years span three-quarters of the university's life. Include the roles played by his grandfather, Governor John Mickey (who served as a trustee from 1895 to 1908) and four generations of Mickey alumni, and you can see the profound impact that family can have

on place, and that place can have on family.

In a spontaneous postscript to the ceremony, Mickey acknowledged the impact of two perhaps unlikely members of that NWU family: the late professors of English **William Kloefkorn** and **Leon Satterfield**. At the dawns of their careers in the early 1960s, the two had no intention of remaining "at a church school" for long, Mickey said. "But Nebraska Wesleyan is the only place that either of those two ever taught."

Their reasons for staying, Mickey said: the unexpected friendliness and tolerance of a community that feels and cares like family. And the unexpected reach of teaching in the liberal arts.


That reach was on display earlier that morning as **Dr. Susan Schultz** ('86) spoke on a Visions and Ventures panel on "Contributions to Human Health." (Read more about Visions and Ventures on page 35.) Schultz's work as a psychiatric researcher centers on Alzheimer's disease and the effects of aging on cognition. She credited Kloefkorn and Satterfield for sparking an interest in writing. "I was surrounded by rock stars in the English Department," she said.


The study of fiction and poetry may seem peripheral for a future psychiatrist, but to Schultz, it would be central. When Satterfield learned Schultz was headed to medical school, he called her into his office. "He said to me in

that dry voice of his, 'Aren't you really more of a writer?'" The deputy editor of the *American Journal of Psychiatry* said, "Sometimes professors can sense skills that you may not recognize in yourself."

She came to realize that clear, thoughtful science writing "could inform not just my peers, but the entire health care field as well as patients." Both her research and her ability to communicate her complex findings have helped shape our understanding of Alzheimer's disease.

Two decades after Satterfield called on Schultz to remember her gifts as a writer, Satterfield was diagnosed with Alzheimer's. As the disease advanced, it's unlikely he could remember the young woman he'd called to his office in 1986. But it is both a comfort and a tribute to the liberal arts that even here, in the far off place where the disease had swept him, he hadn't surpassed his reach as a teacher.

Even at the very boundaries of life and understanding, we continue to feel the impact of our best teachers. Even here, where the woodchip path finally ends, we can still turn and make out the redbrick outline of our one and only Old Main. 

 See photos from the day's celebrations at [nebrwesleyan.edu/125](http://nebrwesleyan.edu/125). The university photo on page 24 was taken in the minutes following this ceremony.



1. Hundreds gathered around Old Main's southwest cornerstone to mark NWU's anniversary. | 2. David Mickey ('39) received an Honorary Doctor of Letters at the ceremony. | 3. A photographer atop an accordion lift on a closed 50th Street captured the moment. | 4. Dr. Susan Schultz ('86) (middle, with Drs. Denise Bulling and Scott Shipman) spoke about the impact of her Nebraska Wesleyan experience as part of NWU's Visions and Ventures symposium held that day. | 5. Picnickers on Taylor Commons got a preview of NWU Theatre's production of "Pirates of Penzance". | 6. The faculty band, Release Time, gave an outdoor concert. | 7. Theatre students in period costume gave the anniversary celebration an 1887 feel. | 8. Photographer Betty Press ('64) signed copies of her book, *I Am Because We Are*, as part of Visions and Ventures. | 9. Associate Professor of Communication Karla Jensen (in red and yellow) and fellow students move to the music on Taylor Commons. | 10. Harry ('59) and Reba Huge (center) stand with current Huge scholars at the Black and Gold Banquet. Each year, NWU awards two renewable NWU Huge Scholarships covering the cost of attendance for outstanding scholars.

Photos by Lane Hickenbottom, The 42 and Paul Hadley

Visit <http://goo.gl/8GB3c> to buy the photo on the following page.

# NWU at 125

1887-2012







# A Sound Approach to Restoring Musical Instruments

**Old-world techniques restore musicians' faith in local craftsmanship.**

—By Barbara Soderlin

The view from **Sarah Gray's** ('04) hilltop studio, in her west Gretna home just past the "pavement ends" sign, is pure Nebraska, with grazing horses, gently sloping cornfields and a thread of golden trees running through a distant shelterbelt.

But when musicians step inside, gingerly carrying stringed instruments with split seams, fallen soundposts or worn horsehair bows, they are transported far away and back in time to a European craftsman's workshop where many of the materials and techniques Gray uses haven't changed since the 1500s.

Gray is a luthier, an artisan who makes and repairs stringed instruments. Raised in Gretna, she first developed a love of music singing in her church choir, then majored in art at Nebraska Wesleyan University and combined the two fields by learning her luthier skills from experts in Italy and on the East Coast.

"A violin is a working art," she said, one you can hold. It doesn't hang on the wall. "It's expected to be played."

Gray brought her experience home when she incorporated her business, Sarah Gray Restoration, in 2010. She and her husband, an Air Force veteran who works for an HVAC equipment distributor, were looking for a place to settle and raise their children.

"We've been around the world and country now, and Nebraska just has so much to offer," she said. "It's a thriving community—and it still has a sky."

Gray transformed what was a basement workout room in the house they bought into an old-world craftsman's studio. The handmade workbench is bathed in sunshine and littered with the tools of the trade—chisels, varnish, a small lathe. There's a modern tool, too: Gray's smartphone, which the 30-year-old uses to text clients to tell them their instrument is ready to be picked up.



**Gray does work for a growing roster of professional musicians in Omaha and Lincoln.**

Gray also created the nonprofit Master Class Talks organization, through which she brings to Omaha experts in instrument making and repair to give educational talks to area musicians, teachers and students.

It hasn't been easy growing her business in a field where the customers are musicians who tend to be both turned off by aggressive marketing and reluctant to turn their instruments over for repair to someone they don't know.

But a growing roster of professional musicians in Omaha and Lincoln say they are grateful Gray is here.

Omaha Symphony principal bassist Will Clifton said a musician is somewhat like a car owner: Just because you drive the vehicle every day doesn't mean you know how to fix it when something goes wrong under the hood.

But leaving your instrument in a repair

shop is much harder to do than with a car, he said. For one thing, it might be more valuable than your vehicle. There's also the emotional connection.

"My entire personality is wrapped up in my instrument," Clifton said.

He said he has driven his bass to his favorite repair shop in Cincinnati just to have its soundpost replaced, a job that might take only a few minutes, rather than leave it in inexperienced hands closer to home.

So when he saw Gray's advertisement pinned to a bulletin board at the symphony, he wanted to give her a shot—but he also took it slow.

Clifton said he replaces the hair in his bows every six months as it gets worn out. To test Gray's skills, he brought her a "C-tier" bow—the kind he might lend to a student or use for an outdoor gig.

"I thought, let me give her this bow and see what she does with it," Clifton said. "Her workmanship was fantastic. That got rid of the jitters and then I was more than happy to give her my very good bows and have her work on that."

His very good bows cost \$5,000 apiece, and he used to ship them to Cincinnati to have them repaired.

"It's really valuable to have her here," Clifton said, praising Gray's attention to detail and her willingness to ask other luthiers for advice. "She's obviously incredibly well-trained and she does really, really fine work."

All the members of the Chiara Quartet now have taken their instruments to Gray, first violinist Rebecca Fischer said, after their cellist heard from a luthier in New York that Gray had set up shop here. Gray said other area shops sell instruments and provide maintenance and repair but don't do extensive restoration or bowmaking.

"We were really excited to have an expert move here," Fischer said. "There are a number of very good people working on instruments in Omaha, but we felt like



Sarah Gray, a luthier—someone who makes and repairs stringed instruments—reairs a bow in her shop in Gretna. Gray has a talent for listening to a musician play the instrument and diagnosing the problem, said Rebecca Fischer, first violinist for the Chiara Quartet.



A violin awaits repair at Sarah Gray Restoration in Gretna. When her work is done, if it's done well, she said, it's the instrument and the musician who stand out, not the luthier. "It's OK if nobody knows my name."

she is really attuned to the fine details of working with rare instruments since her background is in restoration."

Fischer said even tiny shifts in a violin's components—for instance, when the instrument is jostled during travel—can dull its sound. Gray has a talent for listening to the musician play the instrument and diagnosing the problem, and she has worked with the quartet members' students to educate them on what to listen for.

Gray also wants to share the growing body of luthier knowledge with the larger community of musicians in the Omaha area. Thanks in part to a liberal arts education, Gray's background in art is coupled with an attraction to what she called the "seriousness of the sciences."

Instrument and bowmakers of today respect tradition but also study chemistry, physics, mechanics and other sciences to understand how changes in the components can alter sound, Gray said.

The first Master Class Talks event she hosted in 2011 focused on "practical acoustics." Another in October provided an in-depth look at bow acoustics, including new research on how to improve playing performance. Gray wants the talks to enhance Omaha's standing in the music world by bringing top professionals to the area.

They also are a chance for her to get out and network, a change of pace from the hours she spends alone in her studio, wearing her leather apron, letting wood shavings and bow hairs fall to the floor. When her work is done, if it's done well, it's the instrument and the musician who stand out, not the luthier.

As long as the instrument is cared for, she said, "It's OK if nobody knows my name." 📌

**These photographs and a version of this article first appeared in the October 5, 2012, issue of *The Omaha World-Herald*.**

# FINANCIAL OVERVIEW:

## Fiscal Year June 1, 2011 - May 31, 2012



### Dear Alumni and Friends,

In 2012, we took an important step to improve our long-term fiscal health. In 2002, we issued bonds to build new residential facilities and to re-finance existing debt related to the Weary Center. Those residential facilities have added greatly to the success of our academic and student programs over the past 10 years and have provided great support for our enrollment and retention of students on campus.

This past year we took advantage of historically low interest rates to re-fund the remaining \$17.2 million of 2002 bonds and borrow additional funds for residential improvement. Re-funding those 2002 bonds resulted in a present value savings of nearly \$2.5 million, while at the same time keeping the original maturity date. We are pleased that our financial strength enabled Nebraska Wesleyan to be rated investment grade by Standard and Poor's for the first time, which greatly aided the issuance and pricing of our bonds.

The residential improvements funded by the 2012 bonds include a substantial renovation of Johnson Hall, including air conditioning, an elevator; improvements to student rooms and common areas and accessibility improvements as well as

new furniture. Other projects financed through the bonds include a new parking lot with 50 parking spaces and the addition of wireless internet to all residence halls.

Net assets decreased \$3.9 million after having increased \$7.8 million the previous year as the financial markets declined after advancing significantly the previous year. It is worth noting that since the beginning of the 2012-2013 fiscal year, the endowment has recovered and continued growing. Operational expenses exceeded revenues by a small amount as net tuition revenue decreased. Income from fundraising activities, investment earnings and auxiliary enterprises all exceeded the prior year. We continued to invest in academic and student programs by continuing the faculty salary improvement program and increasing faculty development funds.

Thank you for your generous support. We look forward to seeing many of you throughout the year.

**Clark T. Chandler**

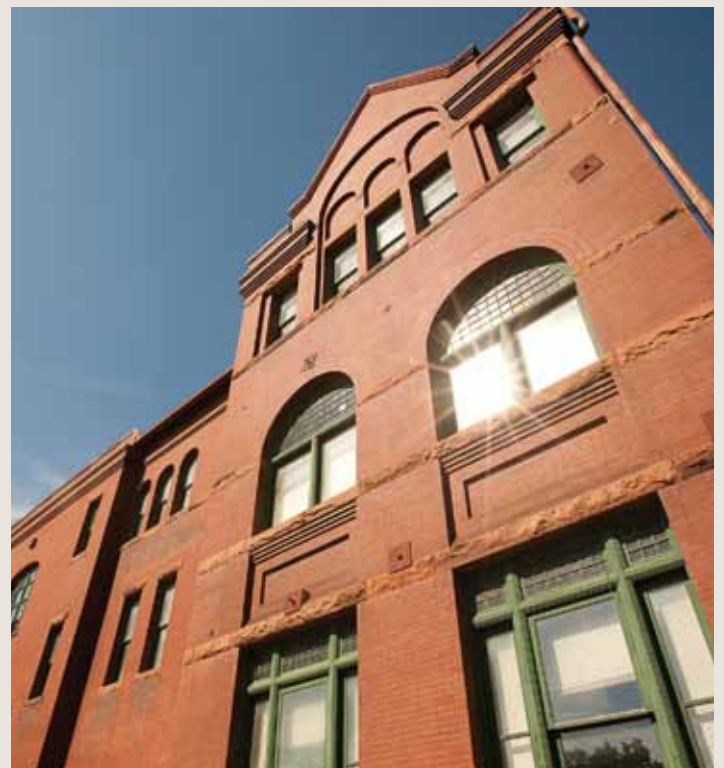
*Vice President for Finance and Administration*

*We are pleased that our financial strength enabled Nebraska Wesleyan to be rated investment grade by Standard and Poor's for the first time, which greatly aided the issuance and pricing of our bonds.*

## FINANCIAL OVERVIEW





### Assets

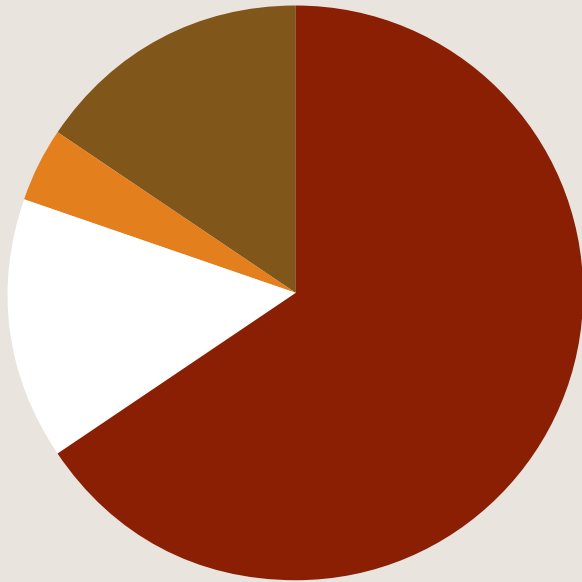
Total Assets	\$99,608,000
Total Liabilities	\$28,658,000
<b>Total Net Assets</b>	<b>\$70,950,000</b>








## STATEMENT OF ACTIVITIES 2012

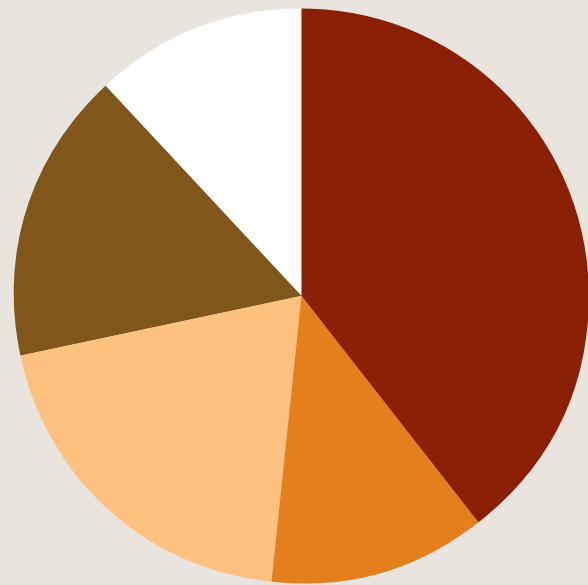
### Revenues

Tuition and Fees		\$39,399,000
Less: Financial Aid		(\$15,112,000)
<b>Net Tuition and Fees</b>		<b>\$24,287,000</b>
Gifts and Grants		\$5,450,000
Investment Earnings		\$1,540,000
Auxiliary Enterprises and Other		\$5,718,000
<b>Total Revenue</b>		<b>\$36,995,000</b>



### Expenses

Instruction		\$14,671,000
Academic Support		\$4,591,000
Student Services		\$7,390,000
Institutional Support		\$6,063,000
Auxiliary Enterprises and Other		\$4,416,000
<b>Total Expenses</b>		<b>\$37,131,000</b>



Decrease in Assets from Operations	(\$136,000)
Other Changes in Assets	(\$3,764,000)
<b>Total Change in Assets</b>	<b>(\$3,900,000)</b>

Net Assets, Beginning of Year	\$74,850,000
<b>Net Assets, End of Year</b>	<b>\$70,950,000</b>



Photo by Chris Smithberg '94 (Doublephotography)

Photo by Chris Smithberg '94 (Doublephotography)

## Here's My Number. Call Me, Maybe.

Uniforms unify NWU soccer players and alumni.



By Alex Linden ('03)

Make no mistake. Coach **Sean Steele's** energy is focused on the success of Nebraska Wesleyan University soccer. But a different team in black and gold will always be special to him, too.

Steele's University of Wisconsin-Oshkosh team was 40-15-2 during his three years in a Titan uniform. He also served as an assistant at UW-Oshkosh, working under a head coach with a 26-year history at the school.

He saw firsthand the role that history and alumni connections play in a team's culture in Oshkosh. And he saw the same things reflected in NWU football (where **Brian Keller** ('83) has coached for 17 years) and NWU track and field and cross country (where **Ted Bulling** ('80) has coached for 27 years).

But Steele arrived on campus in 2011 with no personal history at NWU and few alumni connections. These weren't qualities Steele could simply invent. But they were things he could foster. So he hatched a novel plan to connect the men and women on his NWU rosters with soccer alumni.

He assigned each player with the task of reaching out to former players who once wore their jersey numbers.

"I've wanted to start making connections with some of the alumni and for the teams to start getting a sense of a Nebraska Wesleyan soccer culture and its tradition," said Steele. "Having the players interview the alumni seemed like a good way to connect current players with the past, but also for the alumni to make a connection with the current team."

## FALL SPORTS SUMMARIES

### Cross country

NWU's men's and women's cross country teams put in strong performances to finish third and second respectively at the 2012 GPAC championships in McCook Lake, S.D. Senior Johnny Rutford earned All-GPAC recognition for his fourth place finish and qualified for nationals in Terra Haute, Ind.

### Football

NWU entered October determined to turn its season around after a 1-4 start featuring consecutive losses to three ranked opponents. That's exactly what the team did, winning its final five games to finish 6-4. In the season's second half, NWU never gave up more than 14 points, and held opponents to seven or fewer points three times.

### Women's golf

With GPAC qualifying rounds played in both the fall and spring, the conference championship is still up for grabs. NWU enters the winter in fourth place, two strokes behind Northwestern and 29 behind GPAC leader, Dakota Wesleyan. NWU is led by first-year student Megan Rokusek.



NWU student-athletes like Emily Dierks (left) kept their eyes on the ball in class, too, earning NWU the 2011-2012 GPAC-Christopherson All-Academic Award.



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*Enjoy your time and  
play your hardest  
on the field because  
it goes so fast.*

**Emily Dierks** has started the past three seasons in goal and wears #7 for the Prairie Wolves. Dierks interviewed a player on NWU's first ever women's soccer team in 1993: #7 **Sandy Shaneyfelt** ('97). Shaneyfelt was part of two conference championships and was NWU's first women's soccer Academic All-American. She shared memories and advice with Dierks.

"Enjoy your time and play your hardest on the field because it goes so fast," Shaneyfelt said. "Treasure your friendships and team activities while representing yourself and your team in a positive way."

Dierks had read about some of the NWU women's soccer past success and seen the championship banners, and enjoyed hearing it firsthand from NWU's very first #7.


"It was great talking to Sandy as well as meeting **Jacque Neuhaus** ('99) when she was inducted into the NWU Hall of Fame at homecoming. Hearing Sandy's stories from road trips during the playoffs and seeing that Jacquie still holds NCAA records is amazing to me," Dierks remarked. Neuhaus wielded the ball for NWU with wicked precision, setting the NCAA Division III single-game assists record with a jaw-dropping seven-assist performance against Midland in 1997.

When men's midfielder **Chris Simley** contacted **Blake Gordon** ('10), he found they had a lot more in common than the #3 on their uniforms. Gordon, who played from 2006 to 2009, appreciated that a fellow Lincoln Northeast Rocket was keeping the #3 in good hands. Gordon is among several alumni who regularly returns to Abel Stadium for home games

and plays in the popular annual alumni game.

Seeing alumni remain connected to the program after their playing days are over deepened the pride Simley feels when he pulls on that Prairie Wolves uniform.

Other NWU coaches have noticed and appreciated Steele's method of reaching out to alumni, and may adopt similar efforts on their teams. Steele, for one, is committed to keeping his players in touch with alumni to help them understand how special it is to wear the black and gold and know their team's history.

"I hope this project gives the current players more of a sense of pride and tradition that is encapsulated in the jersey they pull on before each match. And I hope the alumni feel more invested in our program," Steele said. "It would be great to see more of them at our games!" 

### Men's soccer

It's perhaps fitting that NWU's season ended in a 2-2 tie against Briar Cliff. The Prairie Wolves (8-7-3) found themselves evenly matched all year long, with 14 games decided by two or fewer goals. GPAC goalkeepers beware: Colby Twist, who scored 47 percent of NWU's goals this season, returns for his senior year in 2013.

### Women's soccer

While NWU fought to an even 4-4-2 GPAC record, the Prairie Wolves registered only a single win against nonconference foes and finished 5-10-3. Inconsistent offense hindered the Prairie Wolves as they averaged 3.8 goals per victory and 0.6 goals per loss. With first-year students and sophomores comprising NWU's top five scorers in 2012, look for more offensive firepower in 2013.

### Volleyball

As NWU entered late October in Coach Rayna Cain's debut season, the Prairie Wolves seemed poised to post a sixth straight winning record. But homecoming marked the beginning of a five-match skid for NWU, and the Prairie Wolves finished 13-15. NWU's 22-woman roster included a single senior and two juniors, meaning a much more experienced team will take the court next year.

# O Pioneers!

NWU basketball breaks new ground as first women's team to tour internationally.

—By Sara Olson ('95)

Missy Franklin. Gabby Douglas. Misty May-Treanor and Kerri Walsh Jennings. Sonya Richards Ross. The U.S. women's basketball, soccer, and water polo teams.

For many Americans, the most memorable part of the 2012 summer Olympics was the success of our women athletes.

Little could anyone have imagined when Title IX passed in 1972 that, 40 years later, women would outnumber men on the U.S. Olympic team. The legislation opened the door for women's team and individual sports.

But one doesn't have to look to the world's most prestigious athletic stage to find proof that Title IX has provided opportunity to today's female athletes.

"Nebraska Wesleyan has made huge strides in making our facilities equitable, our travel, practices, coaching and entire athletic experience equitable," said NWU Assistant Athletic Director **Jo Bunstock**.

"I can remember when our women's teams were more like intramural teams. We crossed our fingers and hoped people would show up," she continued. "It's completely different today."

Helping advance that change are **Harry ('59) and Reba Hugel**, who funded the men's basketball team's trip to Estonia in 2011 and did the same for the women's team in August 2012, marking the first time either program had competed internationally. While in Estonia, the Prairie Wolves played three games against club teams from Tallinn and the University of Tartu. The team went 1-2 for the trip, battling from behind against the University of Tartu to force overtime, where the Prairie Wolves came out on top 77-70.

The opportunity to play overseas and explore a new culture was one players anticipated. "You don't get this kind of experience every day," said **Mallory Shanahan**, a senior guard from Wahoo, Neb.

In 2008, Nebraska Wesleyan established a direct exchange relationship with the University of Tartu, Estonia's premier institution. NWU students study there each semester as part of the sister school agreement. Last summer the University Choir traveled there for an inter-



The generosity of Harry ('59) and Reba Hugel made this camaraderie through international competition possible.

national tour to Tartu and Tallinn where they performed for large audiences. NWU history professor **Meghan Winchell** returned to campus this fall after teaching at the University of Tartu for a year thanks to a Fulbright Scholarship.

The women's basketball team's trip was made possible by The Harry and Reba Hugel Foundation, which provides scholarship and exchange opportunities to student scholars.

The Estonia trip represented the first international experiences for most members of the women's basketball team. In addition to their competitions, the team embraced the culture, learning archery and horseback riding, visiting the U.S. Embassy, and taking a day trip to Helsinki, Finland.

The team started workouts and drills in early August to prepare them for their games. They also participated in team bonding activities. They went rock climbing; they painted their locker room; they volunteered at nearby Dawes Middle School. Their coach, **Eric Jensen**, assigned them to read the book *My Estonia* by Justin Petrone.

"I love to travel," said first-year student **Alyssa Stanek** of Ceresco, Neb. "No one can ever take that experience and those

memories away from you."

These are experiences that weren't attainable to women 40 years ago.


"I think in some ways we take women's sports for granted," said Bunstock. "Women's sports have erupted in numbers and in caliber. The women come in more prepared."

The Prairie Wolves returned August 25, with just one day of rest before starting their fall semester.

"Part of the deal when the men went last year was that the women would go too," said Bunstock. "Nebraska Wesleyan provides these kinds of experiences to both teams because it's the right thing to do. But I think Title IX gave it the boost."

The trip has led to a more cohesive team.

"When the men's team returned, their team chemistry extended beyond the court," said Bunstock. "You could see the impact that trip had on them in the way they interacted in the hallways with each other; their coaches and their professors."

Bunstock said the impact on the women's team of that stronger cohesion will reveal itself throughout the basketball season. "They will have a better appreciation for what they have, who they are, and where they want to go." 





# ALUMNI PAGES

Your alumni contact



**Shelley McHugh ('91)**

Director of Alumni and Special Programs  
5000 Saint Paul Avenue  
Lincoln, NE 68504-2794  
smchugh@nebrwesleyan.edu  
402.465.2123

## MYSTERY PHOTO

### They're happy and they know it.

Happy people find joy in the simple things—like time with friends. Who are these three? Bonus points if you know what they're smiling about.

**Send your responses to:**

Eric Wendt  
Nebraska Wesleyan University  
5000 Saint Paul Avenue  
Lincoln, NE 68504-2794  
ewendt@nebrwesleyan.edu

# MYSTERY PHOTO REVEALED



And they would have gotten away with it, too, if it weren't for you meddling kids!

You were able to see right through the shoddy disguises on these coeds.

I recognize a few faces in the photo!

The third person away from Mary is Sandy Duncan ('81), then Tamara Riley Wyman ('80). I'm not sure who's next. Then comes Syd Peterson ('79). If I could find my yearbook I could get you the rest!

—Sue Michel Ogg ('81)

I have been meaning to tell you for a long time that your work with *Archways* magazine is outstanding. Its format, content, and tone are exceptional; the magazine displays professionalism at every turn of the page. Well done.

On another note, I wish I had responded to the mystery photo in the last issue. I cannot place the woman's face, but the man with the glasses is Dwight Marsh, who I remember was known as a real "brain." I can tell you with

certainly, however, that the middle figure is Jim Whitten, who entered Wesleyan with me in the fall of 1964. Jim was renowned for his intelligence—which is why I suspect that the numbers he and the others are holding up may reflect the credit hours each of them earned by exam that fall (as I tried to do, but failed!).

I can also identify one woman in the current mystery photo: that's Twyla Hansen seated at

the end of the table. I can't tell you what the event was commemorating, but you can bet it was typical of the way Mary Smith brought education to her students. The picture was taken in the seminar room of Old Main, adjacent to Mary's office.

—Professor Emeritus of English  
Roger Cognard

## On reexamination: A+

It took an extra issue to get to the bottom of this mystery, but you were up to the task.

**Evan Hayden** ('71) of Lincoln called in to say he recognized Stephen Marsh, a junior in 1966, on the left. Evan was a classmate in the mid '60s, but a stint in the Navy during the years of the Vietnam War delayed his graduation until 1971. "I remember those glasses and that thin tie," Hayden said.

The center figure is my friend Jim Whitten ('67). The gent to the left is Steve Marsh, and I cannot identify the woman on the right. It looks like scores from some sort of contest (probably trivia, which was being heartily pursued at the time). Note that the cards the contestants hold are slightly offset, so that unless Steve had 82, Jim must have won.

—Professor Emeritus of Physics  
Dave Goss

I found the same picture in the yearbook for 1965. The caption reads, "Earning 106 credit hours between them, these freshmen attained the standing of sophomores their first semes-

ter. They are Steve Marsh, James Whitten, and Donna Inness."

If I recall correctly, they took tests of some kind to earn the credit hours. I know that Jim Whitten graduated in three years with the class of 1967. Hope this helps.

—Nancy (Fichter)  
Dillon ('68)

Your "plea" in the latest *Archways* to answer the last mystery photo has made me sorry I didn't answer right away, for the photo appeared in the *Plainsman* for 1964-1965, my first year on campus.

The scholars displaying the numbers are those persons who were granted sophomore status via college credit by examination when they arrived on campus that fall. The numbers displayed are the number of hours credit



each earned—each more than the 30 hours required to be classified a sophomore. (Testing for any who wished to "test out of" subject areas was held in the gymnasium during freshman orientation, I believe. I think this was a new program at Nebraska Wesleyan at the time.)

From the left they are: Steve Marsh, Jim Whitten and Donna Inness.

—Janis Hays Brown ('68)

## Watershed Moments

### Alumni symposium flows from food to health, education and the American dream.

Nebraska Wesleyan's 12th Visions and Ventures fall symposium featured a dozen alumni on four panels, speaking on how their Nebraska Wesleyan experiences led them to leadership roles in important fields.

Currents ran through each leader's remarks—currents on the importance of the individual and the community, and currents on the liberal arts as a foundation for a meaningful life.

#### THE PANELS

##### “Social Responsibility and the American Dream”

**John Gerrard** ('76) is a U.S. district judge for the district of Nebraska and a former Nebraska Supreme Court justice.

**Vidette Mixon** ('74) promotes sustainability as director of corporate relations for the United Methodist Church's \$18 billion pension fund.

**Judith Patrick** ('72) advocates for justice and equity on gender issues as president of the Women's Foundation of California.

##### “Human Health”

**Dr. Denise Bulling** ('82) specializes in disaster behavioral health and directs research at the University of Nebraska Public Policy Center.

**Dr. Susan Schultz** ('86) researches Alzheimer's disease and the aging brain and edits major publications in psychiatry.

**Dr. Scott Shipman** ('91) directs primary care initiatives and workforce analysis at the Association of American Medical Colleges.

##### “Ending Hunger”

**Mark Eisenhart** ('90) works in agricultural consulting for Adayana and has many years of experience in crop and livestock genetics.

**Douglas Maxwell** ('63) is a retired professor in the University of Wisconsin's Department of Plant Pathology whose research dealt with disease resistance in crops.

**Scott Young** ('01) directs the Food Bank of Lincoln, which distributed 8.5 million pounds of food in 2011.

##### “Education Policy and Practice”

**Erin Duncan** ('96) served on the staffs of U.S. Reps. Bill Barrett and Tom Osborne and is a lobbyist for the National Education Association.

**Jay Lemons** ('83) is president of Susquehanna University, a Lutheran liberal arts university in Selinsgrove, Penn.

**Antwan Wilson** ('95) is a proven school reformer and assistant superintendent of postsecondary readiness in the Denver Public Schools.

##### *On responding to the 2011 floods*

“We can decide to help each other, or we can choose to let each other flounder.”

—Denise Bulling

##### *On clean air and water*

“My definition of sustainability is in meeting the needs of the present generation without compromising the ability of the generations that follow to meet theirs.”

—Vidette Mixon

##### *On preventative care*

“If you think of [sickness, disease and trauma] as whitewater rapids, our health care system has become good at pulling people out of the water.... But we spend too little time walking upstream and asking how it is that so many people are falling in.”

—Scott Shipman

##### *On getting to the root causes of American hunger*

“We have to be willing to wade into the dirty water of human relationships.”

—Scott Young

##### *On the tidal wave of population growth*

“The world has 7 billion people. We can't feed 1 billion of them. And 2 billion more are coming. [This challenge is] what lights me up.”

—Mark Eisenhart

##### *On swimming against the current of a mediocre school system*

“My professors told me, ‘We're challenging you to challenge us.’ That's exactly what I needed.... My interest in education was in challenging the system—in turning the system on its ear. I wanted it to do what it isn't set up to do: ensure that every student is educated successfully.”

—Antwan Wilson



See every 2012 Visions and Ventures panel discussion at [nebrwesleyan.edu](http://nebrwesleyan.edu). Click on “Watch Live Events” in the lower middle, select “ON DEMAND” and scroll down to the September 19 and 20 events.

# The Right Call

## Alumna leads NWU's new phonathon effort.

When **Erin Duncan** ('96) kicked off an education panel discussion for this year's Visions and Ventures symposium (which you can read more about on page 35), the lobbyist for the National Education Association began her remarks by acknowledging her unpopularity.

"It's rather ironic that they're starting with the lobbyist," she said to chuckles. "I was doing a little research before I came here and I realized that 61 percent of Americans 'hate' lobbyists." When your work requires overcoming negative public perceptions, a sense of humor is a valuable thing.

**Erika Paschold** ('11) can relate. She took over Nebraska Wesleyan's phonathon efforts after working in similar capacities for Oakland



Erika Paschold

University in Michigan and Olivet Nazarene University in Illinois. She recognizes that chances are very good the last time your phone rang, you didn't think, "I hope it's a telemarketer!" Telemarketing often brings to mind overseas data centers filled with exhausted people reading from rigid scripts.

But of course that's not the way Nebraska Wesleyan University does it. "All our phonathon callers are current NWU students," Paschold said. "They talk about the things they enjoy most about attending Nebraska Wesleyan.... Our goal is always to engage alumni and help them feel more connected to their alma mater, whether it's by supporting us financially, volunteering, or just staying up to date with what's going on here at NWU."

For Paschold and her team of students, these phone calls are about more than raising money. "Our callers hear about the experiences of alumni and share their own, which fosters a sense of community that crosses generations and keeps the sense of pride strong."



## GET ON THE BUS!

### Friends of Coach Scott Bostwick ('84) rally support.

*"If we're gonna win this game, we gotta get on the bus!"*

—Scott Bostwick

This wasn't how the four-year letterman linebacker, NWU defensive coordinator and Northwest Missouri State head football coach rallied players for road trips. When he said this, **Scott Bostwick** ('84) wasn't talking merely about bus rides. He was talking about process. About coming together well ahead of a contest and doing everything necessary to get from locker room to victory.

There is no road win without a bus ride; no cohesion on the field without togetherness off it; no strength without training; and no success without commitment.

It's a philosophy that led Bostwick to a Hall of Fame career as an NWU linebacker and defensive coordinator. And it followed him to Northwest Missouri State where he served another 16 years as defensive coordinator. With Bostwick leading the defense, the Bearcats won 12 conference titles and three NCAA Division II national championships.

On June 5, 2011, six months after being named Northwest Missouri State's head football coach, Bostwick died of a heart attack. The loss was felt well beyond Maryville, Mo., reaching across the Nebraska Wesleyan community.

With the help of **Dr. Patrick Sweeney** ('89) of Plano, Texas, Bostwick's friends and teammates have rallied to create the Scott L. Bostwick Memorial Coaching Support Fund at Nebraska Wesleyan University.

**Hank McClung**, now the offensive line coach at the University of Central Missouri, remembered how Bostwick welcomed him as a fellow assistant coach at NWU in the 1980s. "He was making nothing and I was making half that," McClung said, smiling. "He took me in. He and Sue took me into their house and let me live there for eight months.... When I heard about this project, I thought, 'What would fit Scott more?' He loved Nebraska Wesleyan."

The Bostwick Fund will support excellent coaching, advance recruiting efforts and pay tribute to a great teammate and coach. "I'd encourage anyone to get involved in this project and do something nice for Scott and Sue," McClung said, "because they really deserve it."

#### WANT TO HELP?

You can give to the **Scott L. Bostwick Memorial Coaching Support Fund** at [nebrwesleyan.edu/give-nwu](http://nebrwesleyan.edu/give-nwu). Contact **Tony Dworak** at 402.465.2135 or [adworak@nebrwesleyan.edu](mailto:adworak@nebrwesleyan.edu).

And mark your calendar for **NWU's Bostwick Memorial Golf Tournament** in Lincoln on May 31.



1. NWU's Legends and Legacies banquet began with good food and conversation. | 2. Dr. Doyt Conn receives the Alumni Achievement Award from President Ohles and Daphne Hall. | 3. Hall of Fame sprinter Tresa (Watson) Wilson poses with her husband and Visions and Ventures speaker, Antwan Wilson ('95) and Athletic Director Ira Zeff. | 4. NWU sororities held open houses for alumnae and friends.



# One for All

## ALUMNI COME HOME TO MARK NWU'S 125TH YEAR.

### NWU HONORS ITS LEGENDS

Nebraska Wesleyan University honored seven distinguished alumni on October 19 at Legends and Legacies, the annual Alumni Association award dinner held during homecoming weekend.

This year's awards and winners include:

- Janelle Andreini** ('94), Young Alumni Loyalty Award
- Hollis Anderson** ('69), Alumni Loyalty Award
- Julie Anderson** ('97), Young Alumni Loyalty Award
- Dr. Doyt Conn** ('60), Alumni Achievement Award
- Janis Fraser** ('72), Alumni Achievement Award
- Joe Scahill** ('64), Alumni Humanitarian Award
- Walter Zink, II** ('70), Medal of Honor

*Read more about the work of these award winners in Class Notes.*

### NWU'S ATHLETIC HALL OF FAME GROWS BY SIX

Nebraska Wesleyan University's Athletic Hall of Fame added five tremendous athletes and a legendary coach to its ranks during homecoming weekend.

Inductees include:

- Jeff Lindquist** ('94), football
- Wade Alberts** ('95), track and field
- Tresa (Watson) Wilson** ('95), track and field
- Jacque Neuhaus** ('99), soccer
- Brian Bohling** ('00), football
- Dr. Rick Harley**, women's golf and men's and women's tennis

*Read more about these inductees in Class Notes.*

*Photos by Carrie Masters, Paul Hadley, Krista Popp ('11) and Emily Jessen ('16)*



(Homecoming continued)

### KNIGHT FIELD HOUSE: TAILGATE CENTRAL

Before the big football game, alumni and fans gathered in Knight Field House for good food and family-friendly fun. There's just no beating the Ernie's in Ceresco tailgate party and carnival.

### HOMECOMING FOOTBALL

As alumni connected with each other at homecoming, sophomore quarterback **Tyler Francis** connected on a school record 28 passes in NWU's 16-6 victory over Concordia University.

"To come out on top like that with a good win in all phases of the game was huge for us," said senior cornerback **Cody Eiler**, who tallied three interceptions. "I think it'll be one we remember."

### NEW JOHNSON HALL WELCOMES OLD FRIENDS

All summer long, crews worked through the heat to complete a major renovation of Johnson Hall in time for the fall semester. They added merciful air conditioning, new windows, a handicap accessible main entrance and an elevator. These features—as well as new carpet, paint and furniture—were on display during a homecoming Johnson Hall rededication ceremony.

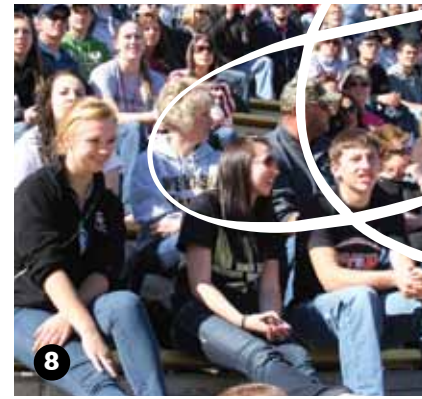
Alumnae had fun revisiting the rooms where they lived as NWU students. (If the stories alumnae shared at [johnsonhall.nebrwesleyan.edu](http://johnsonhall.nebrwesleyan.edu) are true, these rooms were witness to plenty of curfew infractions as well as to the formation of dear friendships and lifelong memories.)

"Now, even at 74... I am carried back to Johnson Hall and all the promise that the future held for me," **Ruth Meyer** ('64) recalled. "Nebraska Wesleyan, for me, will always be a place of miracles."

### AN ALL-IN-ONE CLASS REUNION

The Cornhusker Hotel was the place for NWU's all-class reunion celebration on the evening of October 20. There, the entire alumni community came together to eat, dance, celebrate community connections and mark Nebraska Wesleyan University's 125th anniversary. **N**





1. Members of the class of 1962 peruse NWU yearbooks. | 2. Johnson Hall alumnae were eager to cut the ribbon and take a look at renovations inside. | 3. Encore Club alumni mingle with current and emeriti professors at the faculty luncheon. | 4. The golf cart parade has grown into a favorite homecoming tradition. | 5. Johnson Hall alumnae gathered to dedicate the renovated Johnson Hall, revisit their old rooms and meet current residents. | 6. NWU's all-class reunion featured great live music. | 7. Joe Menousek and Kelsy Reynoldson were named homecoming king and queen. | 8. Football fans were treated to an NWU victory. | 9. Tyler Francis set a single-game completion record. | 10. Players and cheerleaders get fired up the night before the big game.